



آغا خان یونیورسٹی

THE AGA KHAN UNIVERSITY

## SCHOOL OF NURSING AND MIDWIFERY

Post-RM BSc in Midwifery

**4,300+**  
total graduates

**91%**  
of students received  
financial assistance in 2017-18

**99.7%**  
is the passing rate of our students in the  
PNC licensure examinations

**Welcome to Aga Khan University's School of Nursing and Midwifery in Pakistan. Our nursing and midwifery programmes prepare students to join diverse teams of clinical experts, researchers, academicians and policymakers. We focus on producing leaders who are trusted to be the best in their field and able to make an impact in the healthcare landscape.**

## **Nursing and midwifery at AKU**

The School of Nursing and Midwifery has led the way in introducing new academic programmes and in improving nursing and midwifery education and practice. Our programmes are recognised for their internationally benchmarked quality, innovation and affordability. Our graduates have the ability and the confidence to achieve the highest standards in patient care and to become innovative national and international leaders.

Opened in 1980, the School has collaborated with several public and private sector institutions, regulatory bodies and federations, and NGOs within Pakistan and internationally. This has enabled us to bring a diverse pool of expertise in developing innovative curriculum and evidence-based practices and has opened up opportunities for our faculty and students to connect with knowledge experts in Pakistan and elsewhere.

## **Awards**

Our School, students and faculty have received national and international awards and scholarships. Members of faculty have been awarded the Queen Elizabeth II Scholarship, the Genevieve Gray PhD Medal in Nursing and the runner-up prize in the British Journal of Midwifery's Midwife of the Year 2018, to name a few. In

2018, a nursing student also received a scholarship to participate in the Massachusetts Institute of Technology's Grand Hack in Boston.

## **Our programme**

Our Post-RM Bachelor of Science in Midwifery (Post-RM BScM) programme, offered every alternate year, prepares students to provide the essential care, advice and support to women during pregnancy, childbirth and the early newborn care stages.

As part of the programme, you will get an opportunity to collaborate and work with other healthcare providers that will prepare you to deliver holistic care to women and their families at all levels of the healthcare system.

## **What will you learn?**

In the first year, you will be introduced to basic midwifery concepts and various aspects of women's health. You will also study life sciences as well as basic and advanced level concept in normal child-bearing cycle.

Concepts in early childhood development will also be covered this year. In addition, you will be offered a module on computer skills development that will help you study the connection between information technology and healthcare.



During the second year of your programme, the courses will give you exposure to the complications in the child-bearing cycle, emergency obstetrics and referral. You will study reproductive epidemiology, newborn complications and family planning.

During this year, you will also get an opportunity to engage in practical learning as part of your integrated professional midwifery practicum module.

In both years, you will gain theoretical knowledge and be given a chance to work in clinical settings. This will allow you to focus on and investigate different practical aspects within midwifery practice.

### How will you learn?

You will learn in a blended learning environment with a combination of face-to-face and online teaching and learning modules.

You will also have simulator training at the University's Centre for Innovation in Medical Education and clinical rotations in hospitals as well as community-based healthcare settings preferably in maternal, newborn and child health facilities. In addition, you will have one-on-one time with instructors to gain clarity on any

aspects that were not understood in class and clinical settings. You will also have access to mentorship and regular assessments.

### What facilities are available?

The University has state-of-the-art simulation labs as well as a well-equipped clinical skills lab that facilitate active learning in safe environments.

There is also a well-stocked library and an Audio Visual Learning Resource Centre featuring modern and high quality audio visual support that are highly conducive to study and research.

You will get many opportunities to participate in extracurricular activities. You can choose from a range of student groups and clubs and also involve yourself in community-based, public service programmes.

The University has an on-campus Sports and Rehabilitation Centre that is built to meet a comprehensive range of your sporting, recreational and rehabilitation needs.

In addition to these, the School also offers academic and career advisers to all students.

### What are our entry requirements?

You will need to have:

- A Secondary School Certificate in any group
- Completed an RN Diploma
- Completed an RM Diploma or any post basic specialty. Overseas applications must have an RN and RM or specialisation equivalence in Pakistan
- A valid registration or licence in your country of residence
- Achieved at least a second division in the Provincial Nursing Board examination. Overseas applicants must submit evidence of successfully passing their National Nursing Registration/Licensure examination
- A minimum of two years of clinical experience
- A No Objection Certificate from the Institution where RN or RM has been completed that must clearly state that the institution and/or affiliated hospital has no objection if the candidate pursues higher education at the Aga Khan University
- Completed mandatory courses of English, Pakistan Studies and Islamic Studies/Ethics and Religion at BSc level in line with the Higher Education Commission's requirements

You are expected to demonstrate good communication abilities, leadership potential and a commitment to the nursing profession.

### When do classes begin?

Classes for the Post-RM BScM programme begin in January every alternate year.

### What financial support is available?

We offer scholarships and financial assistance to our nursing and midwifery students.

### How do you apply?

You are encouraged to complete the online application form available on our website. You will need to visit the page [www.aku.edu/AdmissionsPK](http://www.aku.edu/AdmissionsPK) and select the programme Post-RM Bachelor of Science in Midwifery under the School of Nursing and Midwifery category. Click on "apply online" where you can follow the admission process and upload the requested documents.

If you cannot access the online application, you may email us and request for a paper-based application form.

### Where can you get more details?

You can reach us by email at [sonadmission.query@aku.edu](mailto:sonadmission.query@aku.edu) or call us at +92 21 3486 5406 / 5140.

The School of Nursing and Midwifery is located at Stadium Road, Karachi 74800, Pakistan.

# Our alumni

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hold leadership positions in public and private nursing schools, hospitals, regulatory bodies, non-profit organisations, and ministries of health and education in Pakistan and worldwide.



**Arusa Lakhani, MScN '07**

President, Midwifery Association of Pakistan

“I am better prepared to partner with local and international stakeholders and establish mechanisms needed to make an impact on the well-being of women and families.”

**Sarmad Muhammad Soomar, BScN '16**

Rho Delta Chapter Officer, Sigma Global Nursing Excellence

“I actively lead awareness sessions in communities that educate young men and women on reproductive and mental health issues. It’s a joy to see young people feel empowered about their health. The mentorship I received at the School has enabled me to encourage the youth to work on issues that are normally brushed under the carpet.”



**Saleema Gulzar, MScN '06**

Joint Secretary, eHealth Association of Pakistan

“At AKU, I learned how important critical thinking skills are for a nurse. It allowed me to engage in planning and decision making in many different aspects of the healthcare system.”