



THE AGA KHAN UNIVERSITY

SHAPING THE FUTURE

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Introducing

# ADVANCED PRACTICE NURSING IN PAKISTAN & EAST AFRICA

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*Programme Brochure*

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*40 years*  
OF SONAM, PK

*20 years*  
OF SONAM, EA

YEAR OF THE NURSE  
AND THE MIDWIFE

# PROGRAMME | DAY ONE

Wednesday, November 4, 2020  
Pakistan: 7 pm | East Africa: 5 pm

## Welcome Address

Dr Rozina Karmaliani, Dean, AKU-SONAM, Pakistan

## Opening Remarks

Dr Carl Amrhein, Provost and Vice President,  
Academics, AKU

## Keynote Address

Dr Maria O'Rourke, CEO and President,  
Maria O'Rourke and Associates

## President's Address

Mr Firoz Rasul, President, AKU

## Chief Guest's Address

Dr Afaf Meleis, Member, Board of Trustees, AKU

## Panel Discussion

Moderator: Dr Eunice Ndirangu, Dean, AKU-SONAM, EA  
Panellists: Dr Rubina Barolia, Dr Greta Cummings,  
Dr Elissa Ladd, Ms Edna Kimaiyo, Dr Rozmeen Shivji

## Closing Remarks

Ms Zohra Kurji, Assistant Professor, AKU-SONAM, PK;  
Lactation Consultant, Aga Khan University Hospital, Karachi

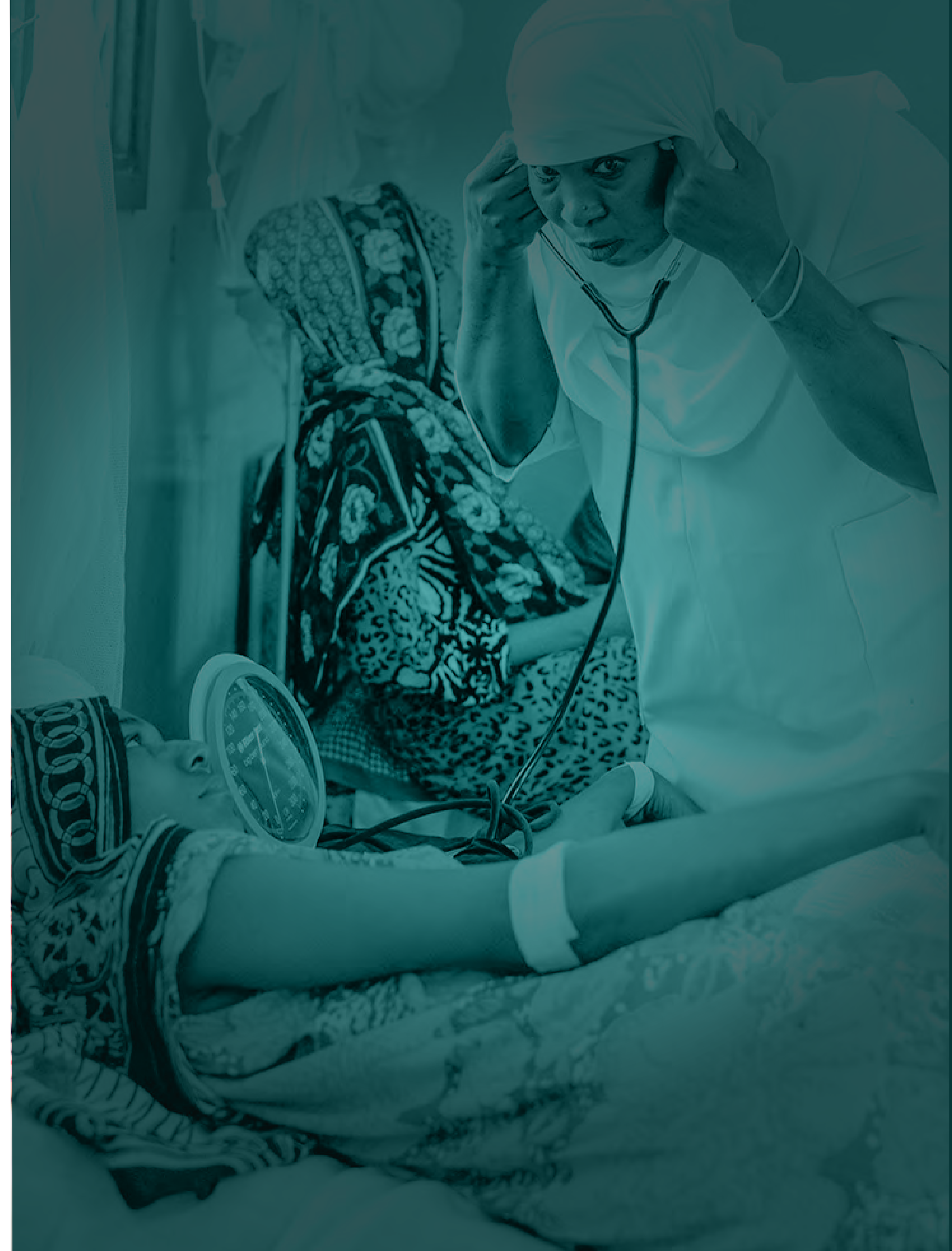
## Hosts of the Event



**Ms Laila Cassum**  
Senior Instructor,  
AKU School of Nursing  
and Midwifery, Pakistan



**Mr Gitonga M'Mbijewe**  
Director, Strategic Initiatives,  
Graduate School of Media  
and Communications,  
AKU, East Africa



## SPEAKER PROFILES



### **Dr Afaf Meleis**

**Member, Board of Trustees, AKU**

Dr Afaf Meleis is Professor of Nursing and Sociology at the University of Pennsylvania. Over the course of more than five decades, Dr Meleis, PhD, DrPS (hon), FAAN, has demonstrated a profound passion for pushing the boundaries of nursing science, cultivating the next generation of healthcare leaders and improving women's health.

During her tenure as the fifth Dean of the University of Pennsylvania School of Nursing (2002- 2014), she fostered a community that is voiced, empowered and dedicated to making an impact on global healthcare; launched multidisciplinary and global partnerships that are advancing nursing science, education and practice; expanded research in critical areas; cultivated a culture of innovation where new programmes and technologies are being developed to address emerging healthcare challenges; and strengthened its commitment to serving and supporting the local community.

Prior to joining the University of Pennsylvania, she was a Professor on the Faculty of Nursing at the University of California, Los Angeles and the University of California, San Francisco for 34 years.

Dr Meleis' teaching focuses on structure and organisation of nursing knowledge, transitions and health, and international nursing. She has mentored hundreds of students, clinicians, and researchers from Thailand, Brazil, Egypt, Jordan, Israel, Columbia, Korea, and Japan. Her scholarship is focused on global health, immigrant and international health, women's health, and on the theoretical development of the nursing discipline. She is the author of more than 175 articles in social sciences, nursing, and medical journals; over 40 chapters; 7 books; and numerous monographs and proceedings.

Dr Meleis is the recipient of numerous honours and awards, as well as honorary doctorates and distinguished and honorary professorships around the world. Among her awards, Egyptian President Hosni Mubarak presented her the Medal of Excellence for professional and scholarly achievements in 1990, and in 2000 she received the Chancellor's Medal from the University of Massachusetts, Amherst. In 2007, she received four distinguished awards: an Honorary Doctorate of Medicine from the Linköping University, Sweden; the Global Citizenship Award from the United Nations Association of Greater Philadelphia; the Sage Award from the University of Minnesota; and the Dr Gloria Twine Chisum Award for Distinguished Faculty at University of Pennsylvania, which is awarded for community leadership and commitment to promoting diversity.

Dr Meleis graduated Magna Cum Laude from the University of Alexandria (1961), earned an MS in nursing (1964), an MA in sociology (1966) and a PhD in medical and social psychology (1968) from the University of California, Los Angeles.

Dr Meleis joined the AKU Board in 2015.





## **Dr Maria O'Rourke** CEO and President, Maria O'Rourke & Associates

Dr. O'Rourke, RN, PhD, FAAN, is currently a Full Clinical Professor of Nursing at UCSF, Department of Community Health Systems, Program Support Faculty, Healthcare Administration and Inter-professional Leadership Program (HAIL), and, CEO & President of Maria W. O'Rourke & Associates LLC. Her practice helps health care systems support inter-professional practice based on appropriate use of the professional RN with the intent to improve patient outcomes through role clarity. This work has helped organizations on the ANCC Magnet journey increase their understanding of the essence of the profession and build professional practice models highlighting the key decision making role of the RN.

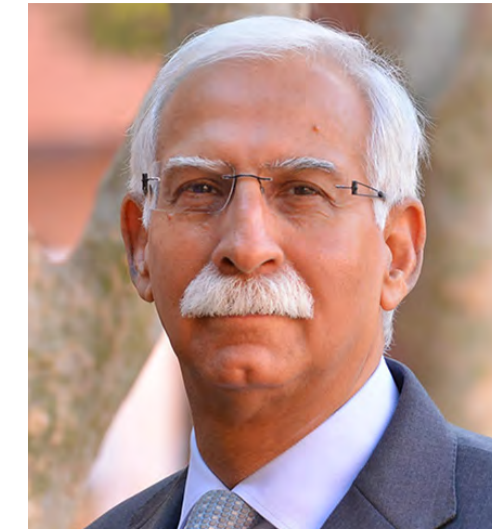
Her expertise on professional role clarity is grounded in her early work in 1965 as an activist who witnessed the serious lack of understanding of professional RN role. This led to her legislative efforts where she was instrumental in rewriting the California Nursing Practice Act in 1974 which transformed the role of the RN in California as an equal professional partner on the interdisciplinary team. Her clarity of thought on the profession as a discipline and the RN role within that discipline was the impetus for development of her role based practice theory which posits that role clarity is linked to role identification and role enactment/commitment. Her leadership development expertise and skill are used to conduct strategic planning events for management using her unique conceptual method called RESULTS.

Although her roots are in nursing, Dr. O'Rourke's expertise serves as a foundation for inter-professional leadership. She is committed to helping members of the health care team better understand the professional RN role. To that end, in 1994 she co-founded the O'Rourke Institute for the Advancement of Professional Practice, a forum for healthcare professionals to dialogue and obtain support/advice about their professional practice and leadership efforts. She has been relentless in her efforts to bridge the theory- research- practice gap, and, as the

first UCSF Assistant Dean for Clinical Affairs at San Francisco General Hospital she established the first nursing research committee that advanced this effort through faculty-bedside clinician collaboration. A member American Academy of Nursing member since 1985, she participates in Nursing Expert Panels on Building Health Care System Excellence and Theory Guided Practice. As a mentor she facilitated the leadership development of nurse leaders and as guest editor of a National Nursing Journal, Nurse Leader June 2019 edition, she used it as a platform for showcasing her mentees and colleagues work.

In 2015 she became the Inaugural Distinguished Scholar in Residence at Honor Health in Scottsdale Az., and in 2018, was awarded the 2018 ANA/California Ray Cox Award for her lifelong commitment, impact on and dedication to the advancement of Nursing as a profession. She served locally on the Commission on Status of Women, Marin County and was research design consultant for San Francisco Foundation Grant needs assessment for women, Board of Directors Hospice of Marin, Chair, Larkspur's Citizen's Advisory Committee tasked with reviewing environmental impact studies regarding quality of life and health and safety issues, resulting in preservation of open space.





## **Mr Firoz Rasul**

### **President, AKU**

Mr Firoz Rasul joined AKU as its President in May 2006. Prior to that, he served as President and Chief Executive Officer for Ballard Power Systems, a world leader in fuel cell technology, from 1988 to 2003. Between 2000 and 2006, he was President of the Aga Khan Council for Canada, where he led the development of the Global Centre of Pluralism in Ottawa and the Aga Khan Museum in Toronto, initiatives of the Aga Khan Development Network, with significant education and research agendas. He has also served as a member of the University of British Columbia's Board of Governors and as a Director on the Board of Science World, British Columbia. Mr Rasul holds a Bachelor of Industrial Engineering from the University of Hertfordshire in the UK and an MBA from McGill University. He was conferred the degree Doctor of Laws, honoris causa, by Simon Fraser University in British Columbia, in 2001 and honorary Doctor of Science by University of Alberta in June 2017. Recently, he has been awarded an honorary doctorate from the University of Hertfordshire in recognition of his contribution to education and business in the developing world and beyond.



## **Dr Rozina Karmaliani**

### **Professor and Dean, AKU–SONAM, Pakistan**

Dr Karmaliani is Professor and Dean at School of Nursing and Midwifery and joint faculty with Community Health Sciences at AKU. She is the first AKU alumna to obtain a PhD in nursing in 2000 from the University of Minnesota.

She has received the Juran Fellowship Award for Leadership in Quality and the Distinguished Leadership Award for Internationals for her work at AKU. Dr Karmaliani's research interests include women's empowerment and adolescents' health, with special focus on gender-based violence and mental health. Her voluntary service includes Director for Aga Khan Health Services, Rural Support Programme and Founding Chair of the Aga Khan Health Board for Pakistan.



### **Dr Tazeen Saeed Ali**

**Associate Professor and Assistant Dean,  
Research and Graduate Studies, AKU–SONAM, Pakistan**

Dr Ali looks after the academic and research projects at the School and is involved in teaching and offering consultancy in the areas of public health, social issues, gender inequality, reproductive health, epidemiology, social determinants and women mental health. Dr Ali has been associated with AKU for more than two decades and has worked as a public and community health practitioner for over 10 years. Dr Ali has presented at national and international conferences and workshops. She is also a recipient of ten intramural and extramural research grants. She published total of 124 articles in national and international peer reviewed journals and has helped to develop the research culture at SONAM, PK by developing capacity building of students and faculty of Pakistan and Afghanistan. She started research clinics, research seminars/workshops, and is enhancing international collaboration with AKU for research development. She developed the Reproductive and Sexual Health (RaSH) consortium where NGOs, government members and academics, nationwide work collaboratively on research grant applications.

In addition, Dr Ali has supervised over 100 research theses for nurses and medical residents at graduate level. She has also been key note speaker and panelist in various national and international conferences.



### **Dr Sheila Shaibu**

**Professor, AKU–SONAM, East Africa**

Dr Sheila Shaibu is a Professor in Nursing at Aga Khan University. She holds a PhD in Nursing and a Master's degree in Nursing Administration and Community Health Nurse from the University of California San Francisco. She has taught nursing at the University of Botswana and University of Rwanda. She has done research and published on care of older people, HIV and older people, HIV among health care professionals and non-communicable diseases, among other areas.



### **Ms Zohra Kurji**

**Assistant Professor, AKU–SONAM, Pakistan  
and Lactation Consultant, AKUH, Karachi**

Ms Kurji is currently serving as an Assistant Professor at the Aga Khan University School of Nursing and Midwifery, Pakistan and an IBCLC certified Lactation Consultant in the department of Obstetrics and Gynaecology at the Aga Khan University Hospital, Karachi. Ms Kurji has carried out and published extensive qualitative research on childbirth, breastfeeding, and socio-cultural barriers to breastfeeding behavior. In addition, she is the first Nurse to get clinical privileges to start AKUH's first nurse-led lactation clinic in Pakistan and has spearheaded the development of the first IBCLC training program in the country.

As a core member of the AKU School of Nursing faculty, Ms Kurji also has extensive experience in teaching and training healthcare providers in the Pakistani context. She has also published research on clinical education, including blended learning, simulation in nursing education and virtual delivery approaches with nursing students in Pakistan. She is also serving for the international committee of INACSL (international Nursing Association clinical simulation and learning).



### **Ms Samira Lakhani**

**Nurse Manager, Department of Women's Healthcare,  
AKUH, Karachi**

Ms Lakhani has done her BScN from the Aga Khan University School of Nursing and Midwifery in 2000. She has worked in different specialization areas including Paediatrics, Cardiac ICU, NICU, medical and surgical units and has a work experience of over 12 years in the French Medical Institute for Children, FMIC, Afghanistan. Her current role of employment is in the department of Women's Healthcare at the Aga Khan University Hospital as a Nurse Manager, which she started in early 2015.

# PANEL DISCUSSION

## MODERATOR



**Dr Eunice Ndirangu**  
Dean, AKU–SONAM, East Africa

Dr Eunice Ndirangu joined the AKU-SONAM, EA in 2006 as an Assistant Lecturer. Since then, she has worked as a Senior Instructor and Academic Head, before becoming Interim Dean on March 18, 2019.

Her academic career began in 2002 when she graduated from the University of East Africa – Baraton, Kenya with a Bachelor of Science in Nursing (BScN). She later pursued her Master's in Advanced Nursing Practice from the University of Nottingham in the United Kingdom and then in 2016, completed her PhD in Nursing Studies from the same University.

Dr Ndirangu's areas of expertise and interest have focused largely on the sociological aspects of HIV/AIDS prevention, treatment, care and support, as well as health policy and nursing education. Dr. Ndirangu has studied the intersection of health and education-training programmes in order address the practice gap in sexual healthcare. She has attended numerous conferences and published extensively throughout the span of her academic career on a wide variety of topics.

## PANELLISTS



**Dr Rubina Barolia** is the Associate Professor and Assistant Dean of Clinical Practice at SONAM, Pakistan. She works on improving the quality of clinical teaching and assessment of students through better preparation of clinical educators, joint appointments, faculty practice, and strengthening liaison with clinical colleagues. Dr Barolia completed her basic nursing education followed by a Post-RN BScN degree and Masters in Nursing from AKU-SONAM. She completed her doctoral studies from the University of Alberta, Canada.



**Dr Greta G. Cummings**, is the current Dean of the Faculty of Nursing at the University of Alberta and the past president for the International Society of Nurses in Cancer Care (ISNCC). She leads the CLEAR Outcomes (Connecting Leadership Education & Research programme). Dr Cummings has published over 215 papers and is a 2014 Highly Cited Researcher in Social Sciences (Thomson Reuters), receiving the Canadian Nurses Association Order of Merit for Research, and inauguration into the Sigma Theta Tau International Nurse Researcher Hall of Fame (2015).



**Ms Edna C. Tallam-Kimaiyo** is a national leader in transforming Kenya's health systems, through regulation of nursing education and practice. She is currently the Registrar and Chief Executive Officer of the Nursing Council of Kenya, she oversees the management and administration of the Nursing Council Kenya functions, legislative compliance, leadership, training, registration, licensure and standards of nursing practice in accordance with statutory requirements.



**Dr Elissa Ladd**, is the Deputy Director, ICN Nurse Practitioner/Advanced Practice Nursing Network of the International Academy of Research and Enterprise. She has worked as a nurse in health care settings around the world. She volunteered with midwives in a maternity center in Lima, Peru, served as a Commissioned Officer with the Indian Health Service on the Navaho Indian Reservation, and worked in refugee camps on the Thai/Cambodian border. Dr Ladd worked as a consultant in the development of a nurse practitioner program at Walter Sisulu University in South Africa and as a Fulbright Scholar at Manipal University in South India.



**Dr Rozmeen Shivji**, is a board-certified Acute Care Nurse Practitioner (ACNP) at University of Chicago and Assistant Professor for Adult Gerontology Acute Care Nurse Practitioner Program at RUSH College of Nursing. Her areas of experience include Medical Intensive Care Unit, Lung Transplant, Neuro-Interventional Radiology and Leukemia. She is the Director of Fundamentals of Critical Care Support (FCCS) and Chairperson elect for Evaluation Committee at RUSH. She has been working with AKU and SONAM, PK since 2016 to help establish APN role at AKU, Pakistan.

# PROGRAMME | DAY TWO

Thursday, November 5, 2020  
Pakistan: 7 pm | East Africa: 5 pm

## Opening Remarks

**Dr Tazeen Saeed Ali**, Associate Professor and Assistant Dean,  
Research & Graduate Studies, AKU-SONAM, Pakistan

## Ignite - Presentation 1

*“The Status and Barriers to Palliative Care in Pakistan:  
An Emerging Field in Medical Care”*

Presenters: Komal Rahim and Mohsina Hussain

## Ignite - Presentation 2

*“The Advanced Practice Nursing Role Road: Botswana”*

Presenter: Mabedi Kgositau

## Scientific Pitch - Presentation 1

*“The Role of Advanced Practice Nursing in Improving  
Access and Quality of Maternal and Newborn  
Healthcare in Tanzania”*

Presenter: Dr Columba Mbekenga

## Scientific Pitch - Presentation 2

*“Exploring Nurses’ Perceptions About the Dignity  
of Intubated Patients”*

Presenter: Nasreen Rafiq

## Closing Remarks

**Ms Samira Lakhani**, Nurse Manager, Dept. of Women’s Healthcare,  
Aga Khan University Hospital, Karachi

## Host of the Event



**Ms Shehla Khan**  
Assistant Professor,  
AKU School of Nursing  
and Midwifery, Pakistan

## Parallel Workshops - Pakistan: 8 to 10 pm | East Africa: 6 to 8 pm

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|-------------------|---|
| <b>WORKSHOP 1</b> | Simulation-based Education: Reducing the Gap between Theory and Practice in Advanced Practice Nursing |
| <b>WORKSHOP 2</b> | APN: Pillars of Acute Care Settings   |
| <b>WORKSHOP 3</b> | Role of Advanced Practice Nursing in Managing Postpartum Haemorrhage in Emergency Situations          |
| <b>WORKSHOP 4</b> | Advanced Practice Geriatric Nursing: An Emerging Need   |
| <b>WORKSHOP 5</b> | Role of Advanced Practice Nursing in Research   |
| <b>WORKSHOP 6</b> | Documentation for Advanced Practice Nursing   |





## JOIN US!

### Conference Day One

Wednesday, November 4, 2020

Pakistan: 7 pm | East Africa: 5 pm

### Conference Day Two

Thursday, November 5, 2020

Pakistan: 7 pm | East Africa: 5 pm

### APN Workshops

Thursday, November 5, 2020

Pakistan: 8 to 10 pm | East Africa: 6 to 8 pm

For more details of the event, visit: [aku.edu/APNConference](https://aku.edu/APNConference)



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Schools of Nursing and Midwifery,  
in Pakistan and East Africa

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