Evaluation of Medical Simulations

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ABSTRACT Simulations hold great promise for medical education, but not all simulations are effective, and reviews of simulation-based medical education research indicate that most evaluations of the effectiveness of medical simulations have not been of sufficient technical quality to produce trustworthy results. This article discusses issues associated with the technical quality of evaluations and methods for achieving it in evaluations of the effectiveness of medical simulations. It begins with a discussion of the criteria for technical quality, and then discusses measures available for evaluating medical simulation, approaches to scoring simulation performance, and methodological approaches. It concludes with a summary and discussion of future directions in methods and technology for evaluating medical simulations.

INTRODUCTION

Since the first written clinical simulations were used for assessment nearly 50 years ago, simulations have become common in medical education.[1] Defined broadly as a "person, device, or set of conditions which attempts to present evaluation problems authentically,"[2] medical simulations emulate patients, anatomical areas, or clinical tasks. They include standardized patients,[3–8] part-task trainers (e.g., pelvic replicas),[9–14] virtual reality systems,[15] computer simulations[16,17] and games,[18] mannequins,[19–22] and even multiple-choice questions presenting information on a case to be evaluated.[23] Simulations can be used for instruction or assessment, and are currently used by many medical schools for end-of-course comprehensive examinations,[24] by the Medical Council of Canada as part of the licensure process[25] and as part of the United States Medical Licensing Examination, among many others.[26,27]

Simulation-based training has become popular because it is usually less costly, and it provides experiences without risk to patients.[28] In addition to the benefits of cost and risk avoidance, there are also benefits to learning.[29] Training can be directed at specific knowledge and skills, especially procedures and higher level cognitive processes, and some simulations can unobtrusively collect detailed data providing assessment information that can be used to automatically score performance and diagnose learning problems.[30] Simulations can also be used to provide experiences not possible in the real environment, such as repeated practice on parts of a task that cannot be isolated in the real world (e.g., intubation, venipuncture, tying surgical knots, or incision and drainage of abscesses). This is not to say that simulation-based training can replace training with real patients supervised by a knowledgeable instructor—nobody would want a surgeon trained only on simulations—but a useful level of knowledge and skill can be developed cost-effectively and safely with simulation-based training in preparation for training in the real environment. Medical simulations have great promise, but not all simulations are effective, and, unfortunately, reviews of simulation-based medical education research indicate that most evaluations of the effectiveness of medical simulations have not been of sufficient technical quality to produce trustworthy results.[31–34] This article discusses issues associated with technical quality and methods for achieving it in evaluations of the effectiveness of medical simulations. Note that the focus is on effectiveness, not cost. The article in this supplement by Fletcher and Wind[35] describes approaches to economic analyses that, with data on effectiveness using methods discussed in this article, can be used to determine cost-effectiveness or cost-benefit.

The article begins with a discussion of the criteria for technical quality, the measures available for evaluating medical simulations, approaches to scoring simulation performance, methodological approaches, and then describes an evaluation model. It concludes with a summary and discussion of future directions in methods and technology for evaluating medical simulations.

TECHNICAL QUALITY OF EVALUATIONS

Evaluations must satisfy two major criteria for technical quality: reliability and validity. This section discusses each. There are also two lesser but, nevertheless, important criteria that warrant mentioning in brief: fairness and usability. Fairness is an aspect of validity, and its absence is discussed later as a "threat to validity." Fairness means that inferences based on the results of the evaluation are appropriate for most people, of most backgrounds. In the measurement literature,[36] fairness is defined in terms of four properties:

- The test is free of bias.
- There is equal opportunity to show proficiency.
- In tests of knowledge and skill, there is equal opportunity to learn.
- Score distributions are as equal as possible across different groups.

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Of the four properties, bias has received the most attention in the measurement literature. Bias is defined as any construct-irrelevant source of variance that systematically affects the performance of different groups of examinees, e.g., groups defined by gender, ethnic or cultural background, socioeconomic status, or age.[37] Usability refers to practical considerations in conducting the evaluation, such as the cost of implementation as well as time requirements, ease of administration, and the comprehensibility of results to the intended audience. Usability is important, but not as important as reliability and validity.

Reliability

Reliability concerns the consistency of measurement, e.g., internal consistency or test/retest. It requires that results are consistent from one measurement to another, e.g., at different times, with different raters, or even with different (but considered equivalent) tasks. It requires that the evaluation methodology give the same result each time it is used. This is achieved through the use of well-defined and standardized procedures and measurement instruments.

Perfect consistency is not possible because people are not perfectly consistent. Simulation users may have learned or forgotten things, or may be under more or less stress on different days. Raters may not agree on interpretations of all judgment criteria, and a rater's criteria may change over time. Tasks may be more or less difficult for different users, depending on prior experience. All these factors introduce measurement error into evaluation results. Methods for determining reliability are based on determining the measurement error. The greater the consistency of results, the smaller the measurement error, and thus the greater the reliability.[36]

These methods are based on traditional psychometrics or classical test theory,[38] which is based on assumptions about how a test is constructed: linear, static, and homogeneous, providing many samples of behavior, and focused on between-individual differences[39]—think standardized tests, such as the Scholastic Aptitude Test.[40]

Most simulations, however, have fewer of these characteristics. Simulations are nonlinear, i.e., with more than one pathway to success or failure. They are frequently short, dynamic, adaptive, and heterogeneous, and provide relatively few samples of behavior. Finally, these assessment simulations are often focused on within-individual differences, including changes in performance during use of the simulation, as well as interindividual differences. In addition, classical test theory is not well suited for handling the complex correlations often found in data produced by simulations, for providing the real-time scoring and feedback often required for simulation-based assessments, or for providing measures of changes in proficiency over time.

In this supplement, Li Cai[41] describes alternatives to classical test theory appropriate for the psychometrics of medical simulation. These alternatives are based on a new generation of latent variable models applying Bayesian inferential methods to make inferences about latent variables from observed variables.

Simulations provide one long or a few short samples of behavior, rather than answers to many short questions (i.e., multiple choice), making the usual approaches to reliability inappropriate. As a result, approaches to reliability for simulations (and all performance assessments) have focused on the reliability of judges or raters scoring the performance rather than the "score" reliability of individuals.[42]

As noted earlier, the use of judges or raters introduces a source of error, along with characteristics of simulation users, the tasks, factors associated with testing occasion, e.g., time of day, and interactions of these sources. Generalizability theory is designed to allow identification of the sources of error and estimation of the contribution of each to a behavioral measurement.[43–45] Sources of error are called facets of the measurement. To evaluate the reliability of a measurement, a generalizability study is conducted to estimate the contribution of each facet and the interaction of facets. A decision study is then conducted to determine elements of a measurement procedure that minimizes error. For example, we can use generalizability theory to determine how many judges we need to make reliable assessments of performance. If judges differ in their interpretation of criteria or the evaluation is complex, more judges are needed to obtain an accurate measurement. But if judges agree on criteria or the evaluation is simple, fewer judges will be required.

In addition, because computer simulations are complex and take longer to complete, it may be the case that a small number of simulation trials can be administered in the time available for collection of data. This limits the generalizability of the results because, unlike selected response tests that provide equivalent forms, the problem of designing equivalent simulation scenarios (tasks) has not been solved. If time is available for only one assessment task, there is uncertainty as to whether performance on a different task thought to require the same knowledge and skills would provide the same results. Performance in one scenario will not necessarily be a good predictor of performance in another.

Validity

Validity is the degree to which evidence supports the interpretations and uses of results. Of the two major criteria for technical quality, reliability and validity, validity is the most important. The consistency measured by reliability makes it possible to have validity, but it is possible to have consistent results that are not valid.[36]

Validity is not a property of the evaluation; it is a property of the inferences made based on the results.[36] Validation should be thought of as an argument presenting evidence to make a case, and not, as with reliability, the calculation of a statistic. A validity argument must be developed that marshals a wide range of evidence to make the case.[36,37] This argument is very different from early conceptions of validity[46] in which specific validity types are considered, e.g., face

validity (Does the test performance look like what is supposed to be measured?), content validity (Is the performance measured related to content goals or domains?), predictive validity (Do people with higher scores do better on a future criterion measure?), and criterion validity (Does performance on the new measure relate in predictable ways to an existing measure of known quality?). Although all these questions may be considered in making a validity argument, one no longer looks at a list of validity types and chooses 1 or 2 as most appropriate or, more likely, easiest to implement.

According to *Standards for Educational and Psychological Testing*,[36] there are five major sources of evidence that might be used to support a validity argument: evidence based on content, response processes, internal structure, relations to other variables, and consequences of testing. These are described below, along with two additional sources of evidence: threats to validity and sensitivity to instruction and experience.

–Evidence based on content. This is the weakest form of evidence for a validity argument. It is concerned with the representativeness of the content on which the simulation is based, not with examinee performance or the interpretation of the meaning of the performance.

–Evidence based on response processes. This has to do with the validity of interpreting examinee performance as evidence for the cognitive processes the examinees use when responding, e.g., some aspect of simulation performance is taken as evidence for situation assessment or problem solving skills. Evidence about response processes might be obtained by questioning the examinee about strategies used, or by using think-aloud protocols.[36]

–Evidence based on internal structure. Simulations are often designed to provide instruction and/or assessment on several knowledge or skill dimensions, such as situation awareness, planning, decision making, and communication. Evidence that these dimensions could be reliably distinguished based on examinee performance, by using the results of a confirmatory factor analysis,[47] would support the validity argument.

–Evidence based on relations to other variables. Correlations of examinee performance with other measures thought to be related also provide support for the validity argument.[36] Such evidence includes predictive accuracy, in which scores are correlated with a criterion measure that simulation performance is intended to predict, e.g., diagnosis performance with a standardized patient[3–8] and subsequent diagnosis with a real patient. Other examples are correlations with other measures designed to measure the same knowledge or skill, e.g., diagnosis performance with a standardized patient correlated with performance on a multiple-choice test presenting cases for diagnosis. Lack of correlation with measures designed to measure different knowledge or skill is another source of evidence. An example would be the relation of diagnosis performance with a standardized patient to intubation performance with a mannequin.

–Evidence based on consequences of testing. Use of a simulation has consequences for the examinee, especially when it is used for assessment. If results are due to knowledge or skills the simulation was designed to assess, this obviously supports the validity argument. If, however, results are due, at least in part, to knowledge or skills unrelated to what is to be assessed, such as a lack of computer skills interfering with performance on a computer simulation, validity should be questioned. This is an example of a "threat" to validity—an alternative explanation for good and poor performance. It is also an example of a lack of validity due to consequences of testing if it can be linked to an examinee characteristic that has nothing to do with the goal of the assessment, including membership in a particular socioeconomic group.

–Threats to validity. A validity argument is weakened by "threats" to validity, alternative explanations for good and poor performance unrelated to the knowledge or skill that is to be assessed. There are many potential threats: poor reliability; misalignment of the simulation experience and the knowledge/skill objectives; misalignment of the measures and objectives of the simulation; inadequate instructions, user interface defects, or lack of computer skills for computer simulations; unfair use of administration, such as inadequate instructions or time; inappropriate scoring models, e.g., scoring that does not accommodate all acceptable strategies; poor examinee sampling; and poor scenario selection (content sampling). To support the validity argument, all threats to validity should be identified and eliminated.

–Sensitivity to instruction and experience. A valid simulation should be sensitive to instruction and experience, eliciting higher scores for people who have received instruction or who have more experience or acknowledged expertise in the targeted knowledge or skill.

KIRKPATRICK MODEL

The Kirkpatrick model[48,49] is an evaluation framework that supports the idea of marshaling evidence to make a validity argument. It is also an approach for evaluation that has been successful in many different training and educational settings, and has become an industry standard in the training world. It has been adapted and modified over time, but the basic structure has not changed. As shown in Figure 1, the model describes four levels of evaluation. The levels are intended to represent a sequence of evaluation questions, each level providing information that affects the next level.

An evaluation is conducted at each level, beginning at Level 1 and moving up. Each level provides evidence for a validity argument and information supporting interpretation of results at the next level. For example, if there is no evidence for student learning at Level 2, reactions at Level 1 may tell us why—students may not be motivated to learn from the

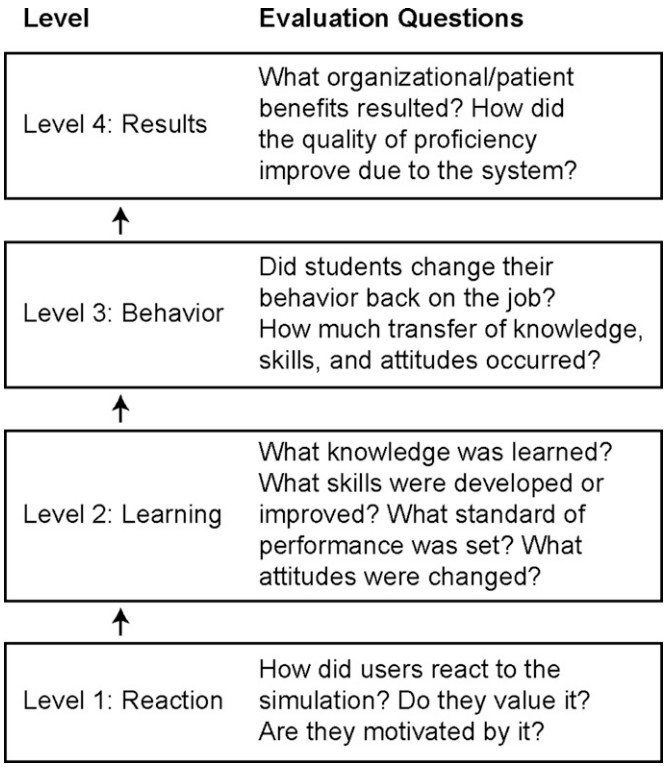

FIGURE 1. The Kirkpatrick evaluation model.

simulation. Similarly, a failure at Level 3 (no behavior change back on the job) may be explained by an absence of learning at Level 2. Difficulty increases as you move up, but the value of information also increases at each level. Kirkpatrick recommends evaluating at all levels, but in practice, because the difficulty and cost increase at each level and because Level 3 and especially Level 4 may be difficult in the work environment, it may be tempting to stop at Level 2, or even Level 1, but Kirkpatrick emphasizes the impact of misalignment of measures to goals on validity. For example, if the objective is transfer of knowledge, skills, or attitudes to performance on the job, you need to go to Level 3 for a valid evaluation. And if the objective is organizational/patient benefit, a Level 4 evaluation is required.

SIMULATION PERFORMANCE MEASURES (PROCESS VS. OUTCOME)

A measure is a number indicating the presence and amount of something, such as the number of errors, time, or ratings of some aspect of simulation performance on a five-point scale. McNulty et al[50] provide an excellent overview of computer-based testing in the medical curriculum. We will focus on computer simulations. One of the great advantages of a simulation is the ability to measure knowledge and skills in performing procedures and higher level cognitive processes. This measurement is based on the examinee's actions as the task is performed, in addition to measures focused on the outcome of the process such as a rating of overall success, for example, measurement of the value of a physiological indicator like blood glucose level, albumin level, or blood pressure. As noted earlier, a key requirement for achieving validity is the use of appropriate measures aligned with the intended objectives of the simulation, usually related to knowledge and skill required to perform the simulated task. This seems obvious, but there are many examples of misalignment of measures with objectives. An extreme example is the evaluation that measures learning using reaction forms or opinion surveys asking students how much they learned.[51,52] This provides information on how much students think they learned, not how much they actually learned.

Figure 2 shows examples of measures for each Kirkpatrick level.

Measures must tap the entire range of knowledge and skills at the same level of complexity addressed by the simulation, and they must be validated for the purposes and situations to which they are applied. Swick et al[53] provide an excellent treatment of assessing the Accreditation Council

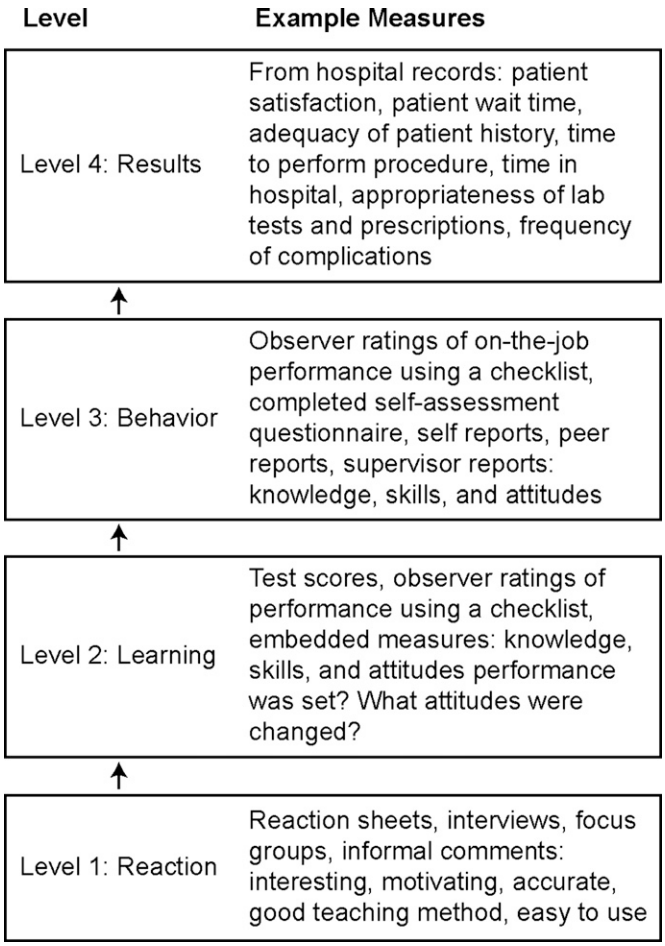

FIGURE 2. Typical measures for Kirkpatrick evaluation model levels.

for Graduate Medical Education competencies in psychiatric programs. Brünken et al[54] provide indicators for measuring cognitive load, and Hays[55] provides various rating scales for evaluating computer-based instruction. To evaluate simulations targeting procedural or higher level knowledge and skills, measures derived from simulation performance are desirable. There are two sources of measures: (1) human raters score performance using checklists based on scoring rubrics, and (2) automated scoring based on measures embedded in the simulation itself. For example, in tasks performed by manipulating objects on a computer screen, a mannequin, or an anatomic model, it may be possible to record the actions of the examinee in performing the task, including mouse clicks on a computer screen or actions on a physical device, with the associated location, time, and task context as appropriate.[56]

CHECKLISTS

The easiest and most widely used approach to scoring (and the only feasible approach when automated scoring is not possible) is to use checklists consisting of explicit outcome and/or process criteria. Scoring rubrics are used to assign scores to each item, and the scores can be weighted to account for the importance of the item. Checklists are used with standardized patient-based tests (e.g., Swanson,[57] van der Vleuten and Swanson[58]) with written and computer-based clinical simulations or computer-based case simulations, also called patient management problems,[1] and with mannequins.[59–61] The standardized patients may do the rating in standardized patient-based tests. People with clinical expertise serve as raters for the other simulation types and for some standardized patient-based tests. Ratings can be done live or by reviewing videotapes.

In addition to being the only feasible approach when automated scoring using embedded measures is not possible, checklists have the benefit of being objective for recording clearly observable examinee actions such as questions and physical examination maneuvers. Rater training is required, and with training, raters can be very accurate.[62] Inter-rater reliability, the degree of agreement among raters, should always be measured.

Potential problems with checklists include the difficulty in developing rubrics that appropriately reward different strategies that are similar in quality and similar strategies that differ in quality.[1] Also, it can be difficult to develop weights to accommodate more and less important actions, and if weights are large or negative, scoring can be complex, which can lead to inconsistencies that compromise reliability, and the examinee could get a high or low score based on a single action. Holistic scoring, focusing on the outcome or process as a whole rather than breaking it into separate parts (i.e., analytic scoring) has also been used. It has been criticized as subjective, but, with good rater training, has been shown to work.[62,63]

AUTOMATED SCORING

There have been multiple frameworks for evaluation and use of automated scoring (see Williamson et al[64] and Shermis and Burstein[65]). We organize the literature into three major approaches: expert-based methods, data-driven methods, and domain-modeling methods.

Expert-Based Methods

There are two expert-based methods: using expert performance and modeling expert judgment. In the first approach, actual expert performance is considered the gold standard against which student performance is compared,[66,67] not what experts say should be competent performance or how experts rate student performance. This approach has been used to develop tasks for content understanding using essays[67] and knowledge maps.[68]

A related approach is to model experts' rating of examinees' performance on various task variables. Expert judgment is considered the gold standard against which student performance is compared, not actual expert performance. This scoring approach has been used successfully to model expert and rater judgments in a variety of applications including essays[69] and patient management skills.[30]

One of the major issues with expert-based scoring is the selection of the expert.[70,71] Problems include experts' biases, the influences of the experts' content and world knowledge, linguistic competency, expectations of student competency, and instructional beliefs.[72]

Data-Driven Techniques

In data-driven techniques, performance data are subjected to statistical or machine-learning analyses (e.g., artificial neural networks with hidden Markov models). Using artificial neural network and hidden Markov model technologies, Ron Stevens et al[73] have developed a method for identifying learner problem-solving strategies and modeling learning trajectories, or sequences of performance states. Applying the method to chemistry, they were able to identify trajectories revealing learning problems that include not thoroughly exploring the problem space early, reaching a performance state that makes it unlikely to reach a more desirable end state, and reaching a state from which the learner could transition to a better or worse state with equal likelihood. With this information, it may be possible to perform a fine-grained diagnosis of what learners do not know and to use learning trajectories to guide the sequence of instruction and the type and form of remediation, and to do it impromptu.

Validation of data-driven methods is complicated because there is no a priori expectation of what scores mean and no inherent meaning of the classification scheme. Interpretation is post hoc, which creates the potential for the introduction of bias in assignments to groups after the groups have been defined.[74] A second problem is that machine learning techniques can be highly sample-dependent and the scoring

process is driven by statistical rather than theoretical issues.[71] Because of these issues, validity evidence is particularly important when using data-driven techniques to score student responses.

Domain Modeling

This approach attempts to model the cognitive demands of the domain itself. The model specifies how knowledge and skills influence each other and the task variables on which observations are being made. The approach relies on a priori linking of student performance variables to hypothesized knowledge and skill states. Student knowledge and skills are then interpreted in light of the observed student performance. This approach has been used successfully in a variety of domains and modeling types, from canonical items (e.g., Hively et al[75]); to Tatsuoka's rule-space methodology;[76] to the use of Bayes nets to model student understanding in domains such as Web searching,[77] rifle marksmanship,[78] hydraulic troubleshooting,[79] dental hygiene skills,[80] network troubleshooting,[81] and circuit analyses.[82]

The most important issue in domain modeling is identifying the essential concepts and their interrelationships. This can be mitigated through cognitive task analyses and direct observation of performance, but it is critical to gather validity evidence to validate the structure of and inferences drawn by the Bayes net. For examples of empirical validation techniques, see Chung et al[78] and Williamson et al.[83]

METHOD SELECTION

For evaluations conducted at each Kirkpatrick level, the methods used are important because they affect the quality of the evaluation. Method selection and design are not easy tasks because medical simulation evaluation is very difficult, for all the reasons any educational research is difficult, and there are additional obstacles that come with the use of technology. The effectiveness of a simulation is due to a combination of factors, not one, and these factors may interact in complex ways. The instructional experience depends on many variables, including instructor background, teaching philosophy, training, and experience; the support of school management; and characteristics of the students.[84] And when technology is part of the experience, there are additional variables, including availability of hardware, software, and technical support; curriculum integration strategies; students' prior experience with and expertise in using technology; and instructor expertise in technology and skill in implementing the simulation.[84]

This section presents an overview of three major methodological approaches, the random-assignment experiment, quasi-experiments, and alternatives based on qualitative methods, and then we discuss combined methods. We end with a discussion of heuristics for matching methods to situations (or research questions). For an excellent and detailed treatment of these issues see Shadish et al.[85]

Random-Assignment Experiments

A random-assignment experiment requires random assignment of the unit of treatment application, e.g., students, instructor, or the school, to experimental and control groups. The unit of treatment application is the unit of analysis, and it defines the sample size. Random assignment is required to achieve equivalent groups in terms of variables not explicitly controlled by the evaluator. Variables explicitly controlled by the evaluator are the treatment—the introduction of the simulation—and all measures and procedures that may affect the results.

For examples of the use of random-assignment experiments see Adler et al,[86] Boulet and Swanson,[23] and Robinson et al.[87] The argument for the use of random-assignment experiments is that they provide better evidence for causal inferences than any other method. This is true, assuming that the conditions required for experiments are met. The difficulty of meeting these conditions has led to strong objections to experiments in education research, including simulation evaluations. The key problem is the requirement for random assignment to experimental groups. Medical schools do not typically assign students to classrooms and instructors randomly, and students and instructors are not randomly assigned to schools. It is also difficult to meet the requirement for a control group not receiving the treatment. Students (and instructors) do not readily accept withholding the use of technology for the sake of an experiment. It may also be the case that simulation use in other classes is so widespread that it is difficult or impossible to have a control group with no experience that might be relevant. And many argue that the goal of simulation is to provide experiences not possible without the simulation, which means that it is impossible to have a control group receiving the same experience but without the simulation.

A related problem is the need for an adequate sample size. The point of conducting an experiment, either a random-assignment experiment or a quasi-experiment as described below, is to detect a difference between groups in the study sample when a difference actually exists in the populations from which the samples are drawn. The probability of detecting such a difference is called the power of a statistical test. Obviously, the power should be high, so that if there is no difference between groups in the experiment, it is reasonable to conclude that there is no difference in reality. The power of a study depends on several factors, including the statistical test, significance criterion, measurement error, and the size of the experimental effect, but the general approach to increasing power is to increase the sample size. Despite this, as reported by Moher et al,[88] researchers often use sample sizes too small to achieve power adequate to detect real effects, and most do not even report a sample size calculation. For information on calculating sample size, see Cohen[89,90] and Lenth.[91] Lenth[92] provides an online tool for power and sample size calculations.

Another criticism of the experimental approach is that although it provides better evidence for causal inferences, it

does not provide information on why the simulation had its effects. The argument is that the experiment is a black box that provides evidence of connections between causes and effects, but does not provide information on the processes inside the box that explain why the simulation caused the effects, many of which are based on the context of the simulation.

Finally, there are the practical problems of cost and time. Experiments are expensive and time-consuming. They may require all the funds available for evaluation and take so long to complete that decisions are made before results are available. Whether this is unique to random-assignment experiments is arguable, but it is a common criticism nonetheless.

Quasi-Experiments

Quasi-experiments have many of the features of experiments except random assignment to experimental and control groups and appropriate control of selected variables, such as the timing of exposure to the simulation.[85] One example is the time-series experiment, in which periodic measurements are taken over time and an experimental change is inserted at some point in the time series of measurements. Changes after insertion may indicate an effect caused by the experimental change, but may also be caused by other events occurring during the time series because there is no control over events other than the introduction of the experimental change.

Another example is the nonequivalent control group design, one of the more common designs in educational research. There is an experimental group and a control group. Both are given a pretest and a posttest, but only the experimental group receives the experimental treatment between the two tests. This is similar to an experimental design, but students are not randomly assigned to each group. Causation can be inferred if there is an experimental versus control group difference in the posttest score. Because the two groups are naturally assembled, e.g., students in two different classes, not randomly assigned, they cannot be considered equivalent; and it is possible that some difference affecting the groups other than the experimental treatment could be the cause. Although this may seem unlikely, it is possible. The point is that the evidence from quasi-experiments is not as strong as the evidence from random-assignment experiments, but it is also true that quasi-experiments are usually more feasible and practical in an education setting. For an example of a quasi-experiment, see the article by Giuliano et al.[93]

Qualitative Methods

Qualitative methods do not attempt to compare experimental and control groups at all, or to control variables. They investigate the simulation through observation, review of artifacts, and interviews, studying cases in their natural setting to consider variables as they appear in all the complexity of the context.[94] These methods are very popular in education research, including evaluation of simulations, due in part to the difficulties in doing experimental research in educational settings, and in part to the desire to obtain information on why the simulation had its effects—the processes and mechanisms that lead from specifics of the simulation to effects—and the contextual conditions under which the simulation is more or less effective. The focus is on the context of the simulation, such as local engagement, collaboration, and feedback, and investigating why those results occurred. Understanding the cause of the result involves developing a theory of change, a description of the processes through which the effects are produced. Qualitative methods are weak on causal inference, but the contextualization makes them very useful to decision makers by providing models (theories of change) describing how and why the simulation works or does not work in the existing system and information needed to decide whether, how, and when to use the simulation.

Qualitative methods are especially useful for studying a broad range of naturally occurring practices found in many different parts of the school, not from a particular simulation, which would usually be evaluated with an experiment. Such studies are often descriptive, interested in the frequency of various instructional technology uses and practices, not their effects. Some correlate descriptive data with student outcomes to attempt to identify relationships, if not causes. Concluding anything about causation from correlations is, of course, problematic. For an example of a technology evaluation using qualitative methods, see the article by Overly et al.[95]

Combined Methods

As is usually the case when there is a debate over the merits of radically different points of view, the practical truth lies somewhere in between. There is no one right way to do technology evaluation. The approach depends on the purpose of the evaluation, the nature of the simulation, and the context in which it is situated. Some will require quantitative methods, some will require qualitative methods, and usually the evaluation will benefit from a combination providing both quantitative and qualitative data on student learning and attitude outcomes, context, the military environment, and the implementation of the simulation.

Selecting Methods

This section describes a heuristic process for deciding when to use what research methods and combinations of methods. The decision depends on the purpose of the evaluation, the nature of the simulation, the context in which it is situated, and practical constraints including site cooperation and available time, funding, equipment, and support resources. The choice need not be limited to a single design. Depending on the purpose, simulation, context, and practical constraints, the evaluation may and usually should consist of a combination of methods.

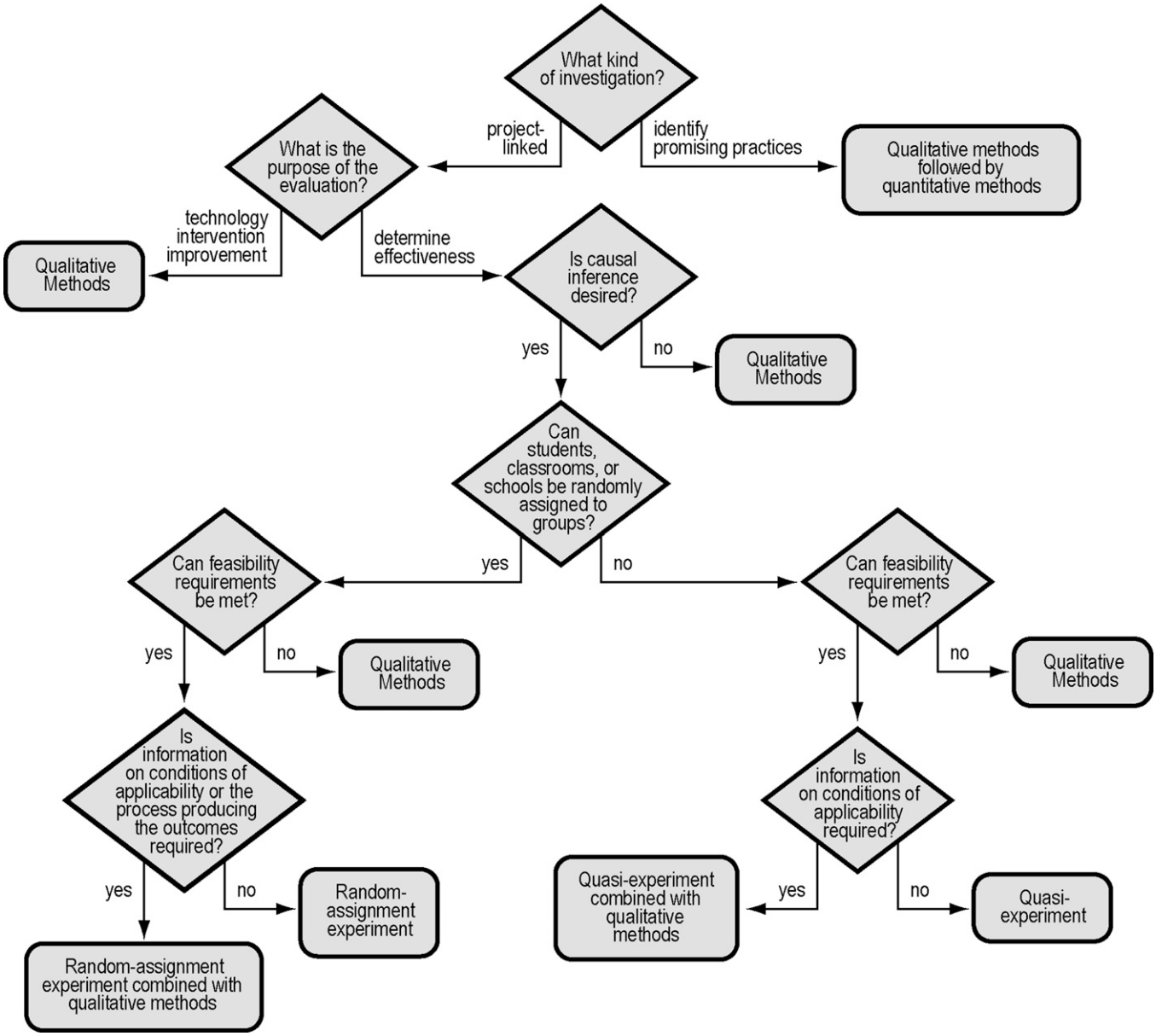

FIGURE 3. A heuristic process for selecting evaluation methods.

Figure 3 summarizes a heuristic process for matching evaluation methods to situations and requirements.

The process is organized into the following set of guidelines, presented as questions followed by recommendations.

1. Is the evaluation concerned with the impact of a specific simulation or with identifying promising practices?

   –If it is identifying promising practices, the evaluation should start with a quantitative study to identify successful sites based on some measure, and then qualitative methods should be used to understand the differences between successful and unsuccessful sites and the practices related to success.

   –If the investigation is concerned with a specific simulation, there is a question on the purpose of the evaluation—question 2.

2. Is the purpose of the evaluation to improve the simulation or determine its effectiveness?

   –If the purpose is to improve the simulation, the evaluation is a "formative" evaluation. Formative evaluations are used to improve early stage projects by collecting information that can be used to guide the development and implementation of the intervention. This requires the use of qualitative methods to provide information on how the simulation works. The evaluator will be

interested in how features of the environment interact with features of the simulation, and how features of the simulation will influence behavior.
–If the purpose is to determine the effectiveness of the simulation, the evaluation is a "summative" evaluation. In this case there is a question on the need for causal information—question 3.

3. Is causal information needed?

–If causal information is not needed, qualitative methods are appropriate.
–If causal information is needed, quantitative methods are indicated. Random-assignment experiments are best for determining causation and should be considered first, but before selecting an experiment, there is a question on the feasibility of random assignment—question 4.

4. Is it possible for students, classes, or schools to be randomly assigned to conditions?

–If the answer is yes, a random-assignment experiment may be possible, depending on the answer to question 5.
–If the answer is no, a quasi-experiment may be possible, depending on the answer to question 5.

5. Is an experiment feasible? Before selecting a random-assignment experiment or quasi-experiment, the feasibility of conducting either must be determined. For either experiment type to be feasible, it must satisfy the following requirements:

—Use of the simulation must be different from standard practice in order to achieve a meaningful comparison.
—Use of the simulation must be maintainable, that is, it must continue unchanged for the course of the experiment.
—Participation must not deny students access to an entitlement, e.g., access to an instructional experience.
—Human subjects protection requirements must be met.
—Participants and the site must be willing to cooperate.
—An adequate sample size must be available.
—Time, funding, equipment, and support resources must be available.

–If feasibility requirements cannot be met, qualitative methods should be used.
–If feasibility requirements can be met for either experiment type, there is a question on the need for information on context—question 6.

6. Is there a requirement for information on conditions of applicability or the process producing the outcomes?

–If the answer is yes, and this should usually be the case, an experiment (random-assignment or quasi-experiment, whichever is indicated in question 4) combined with qualitative methods for the contextual information is appropriate.
–If the answer is no, the experiment is sufficient.

If random assignment is not possible, but feasibility requirements can be met, and there is a requirement for information on conditions of applicability or the process producing the outcomes, a quasi-experiment combined with qualitative methods would be appropriate. If there is no requirement for conditions of applicability or process, which should not be the usual case, a quasi-experiment is appropriate. And as with the random-assignment experiment branch of the method selection process, if the quasi-experiment or quasi-experiment/qualitative method combination are not appropriate, qualitative methods are the choice.

SUMMARY AND DISCUSSION

This article has presented an overview of issues and approaches relevant to evaluating medical simulations. It discusses criteria for the technical quality of evaluations, and methods for achieving it. It introduces the Kirkpatrick model, a proven evaluation model supporting the idea of marshaling evidence to make a validity argument. It discusses measures, approaches to scoring, and research methods used to provide evidence, with guidelines for selecting appropriate methods.

Takeaway Message

Medical simulations have great promise for training complex high-value tasks at less cost and without risk to patients. However, great promise and impressive technical capability are not sufficient to conclude effectiveness. To realize the promise, practitioners must assess the systems and the learning they help produce, and the evaluations must have technical quality. The article's central takeaway message is the importance of technical quality—reliability and, especially, validity—as the fundamental requirement for any evaluation. The message is linked to two supporting ideas:

1. Validity is not a general quality of an evaluation. An evaluation's validity depends on the context of its use and the inferences to be drawn based on the results. A validity argument must be made using a wide range of evidence for the appropriateness of the inferences for the particular context.[36]
2. Begin with a definition of the objectives. The first step in evaluation design is to define the objectives of the simulation—the knowledge and skill required for success. This leads to defining measures, operationalizing the scoring, and then validating the approach with empirical evidence.
3. Align measures, scoring, and research methods with the objectives. Validity requires alignment with the objectives. Evaluate at all levels of the Kirkpatrick model if possible, but always at the level matching the objectives.

Future Directions

Although not widely used in current medical simulations, we expect greater use of automated scoring based on measures embedded in the simulation itself. Because of the growing

sophistication of computationally supported data collection, and the importance of formative information about the trainee's process during learning, in the future outcome measures will merge with process measures to create learner profiles rather than scores or classifications. We anticipate that these will have domain-independent components that may predict learners' likely success in a range of other tasks. We see the study of expertise continuing to add to our knowledge of performance measurement and its validity, and we also predict an increased use of artificial intelligence and advanced decision analysis techniques to support assessment and evaluation. These include ontologies, Bayes nets, artificial neural networks, hidden Markov models, lag sequential analysis, and constraint networks.

Test development guidelines have been developed from lessons learned in the assessment of clinical competence literature.[96] The same is needed for medical simulation design and evaluation based on lessons learned in the evaluation of medical simulations. The Federal Medical Simulation Training Consortium, a partnership of the Department of Defense and other federal institutions involved in medical training and education, is taking a major step in this direction, working with the University of California, Los Angeles Center for Research on Evaluation, Standards, and Student Testing to develop a framework to guide evaluation and refinement of existing curricula (including but not limited to simulations) and development of new curricula, and a set of training effectiveness metrics to allow comparison of curricula.

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What are the measures that can be used to assess performance during in situ Paediatric Emergency Medicine Simulation?

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ABSTRACT

Background Paediatric in situ simulation within emergency departments is growing in popularity as an approach for improving multidisciplinary team working, enabling clinical skills development and exploring the importance of human factors in the clinical setting. However, measuring the success of such programmes is often through participant feedback of satisfaction and not measures of performance, which makes it difficult to assess whether such programmes lead to improvements in clinical behaviour.

Objective To identify the measures that can be used to assess performance during in situ paediatric emergency medicine simulations.

Study selection A literature search of EMBASE, ERIC and MEDLINE was performed using the key terms (Paediatrics and Emergency and Simulation.) MeSH and subheadings were used to ensure all possible variations of the key terms were included within the search.

Findings The search revealed 607 articles, with 16 articles meeting inclusion criteria. Three themes of evaluation strategy were identified—the use of feedback forms (56% n=9/16), performance evaluation methods (63% n=10/16) or other strategies (25% n=4/16), which included provider comfort scores, latent safety threat identification and episodes of suboptimal care and their causation.

Conclusions The most frequently used method of assessment in paediatric emergency department simulation are performance evaluation methods. None of the studies in this area have looked at patient level outcomes and this is therefore an area which should be explored in the future.

BACKGROUND

The use of simulation is growing exponentially within paediatrics; ranging from structured courses to departmental training days and the running of simulation scenarios within units. In paediatrics, simulation has been used to assess a variety of clinical scenarios including resuscitation, trauma, airway skills, procedural techniques and crisis management.[1] Simulation allows the development of skills in a non-clinical setting, rather than with real patients and therefore, clinical errors can be used as a learning tool, rather than leading to detrimental clinical outcomes.[2]

Paediatric emergency departments in the UK are now running their own in situ simulations, coordinated by paediatric emergency medicine consultants and other team members, which may include education fellows and clinical skills teams. The aim of these scenarios is to create a realistic case from which the group can develop team building as well as educational learning outcomes. The Royal College of Paediatric and Child Health created a simulation research subgroup to quantify the extent and content of child health relevant simulation research that has been undertaken in the UK in the previous decade.[3] Conclusions drawn by the group were that while there are a large variety of educational outcomes measured during simulations, often only Kirkpatrick 1 and 2 outcomes are being assessed.[4] This participant feedback commonly takes the form of informal measures of user satisfaction, which can make it difficult to assess whether simulation programmes are successful in bringing about improved performance.

OBJECTIVE

To identify the measures that can be used to assess performance during in situ paediatric emergency medicine simulations.

STUDY SELECTION

Working with a senior clinical librarian, a literature search of EMBASE, ERIC and MEDLINE was performed using the key terms (Paediatrics and Emergency and Simulation.) MeSH and subheadings were used to ensure all possible variations of the key terms were included within the search. The search history is included as an online supplementary material file. One author searched through the abstract results to select suitable articles. Inclusion criteria were articles describing in situ paediatric emergency medicine simulations either performed in paediatric emergency departments or run by paediatric emergency department consultants. Commentaries, conference abstracts and external simulation programmes and courses were excluded.

The search revealed 607 articles of which 18 articles met the criteria for inclusion. On full paper review of these articles, a further 2 were excluded leaving the remaining 16 articles. The reasons for the two exclusions were because the full text revealed that the study was a continuation of a previous included study[5] and in the other, candidates were medical students.[6]

FINDINGS

A flow diagram of the literature search outcomes can be found in figure 1. Ten of the articles originated from the US, two from Australia and one each from Canada, Germany, Switzerland and Taiwan. Three themes of evaluation strategy were identified in these articles—the use of performance

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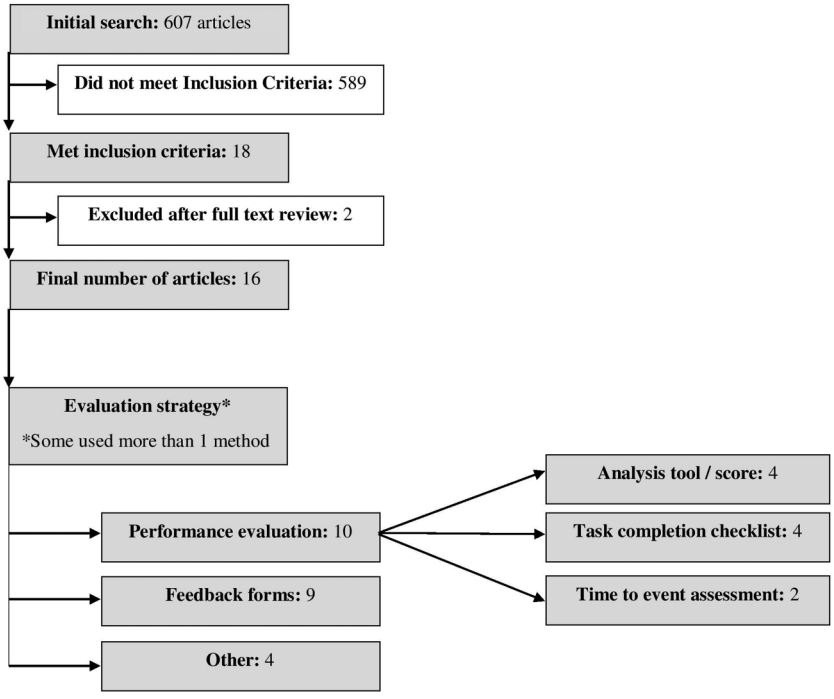

Figure 1 Flow diagram of the literature search outcomes.

evaluation methods (63% n=10/16), feedback forms (56% n=9/16) or other strategies (25% n=4/16), which included provider comfort scores, latent safety threat identification and episodes of suboptimal care and their causation. Five of the articles used two evaluation strategies and in one article all three strategies were used. We used the Mixed Methods Appraisal Tool[7] to ensure all the studies were of high quality, with all the included studies scoring 75–100%. A table showing the scores for each study as well as the evaluation strategy, age range of the simulated patient and limitations as stated by the author can be found in the online supplementary appendix.

Feedback forms

Articles using feedback forms universally followed a Likert scale format; however, the focus of the data collection varied from self-perceived reports of performance and preparedness,[8] to clinical impact,[9 10] user satisfaction,[11 12] confidence[13] and knowledge acquisition.[2 14] Feedback form response rates varied from 54 to 100% and were typically completed immediately after the simulation session.

The exception was Happel *et al*,[8] who audited residents after live critical events, regarding perceptions of previous simulations. Findings here were derived from 47 surveys completed by 20 paediatric residents in relation to 27 critical events. Residents reported that their experiences in preceding similar simulations positively affected their performances during actual clinical events. However, there was no statistically significant change in confidence levels between those who reported having had a preceding similar simulation and those who had not. The author recognised the limitation in their retrospective collection of perceptions of previous simulations, stating recall bias may have positively or negatively affected the perceived simulation training effectiveness and response rate to questionnaire may have been affected by more engaged residents responding to questionnaires selectively.

Performance evaluation methods

Performance evaluation methods were the most commonly used strategy in the identified articles. Of these, 40% (n=4/10) used analysis tools/scores,[10 11 13 15] 40% (n=4/10) task completion checklists[16–19] and in two articles time to event assessment.[2 20]

Analysis tools/scores

Auerbach *et al*[11] used a Trauma Simulation Evaluation tool to analyse the performance of 398 members of their multidisciplinary trauma team in 22 simulations. Over the course of the two years, the authors found statistically significant upward trends in overall performance, intubation and teamwork components. However, the origins of weighting for the individual components of the scoring system were not stated within the paper.

Tsai *et al*[13] designed a scoring system derived from task-specific technical skill, medication and behavioural scores. Couto *et al*[15] used the TEAM assessment score to perform a three-way comparison of multidisciplinary teamwork performance in actual paediatric emergencies, in situ simulations and in centre simulations. The study involved reviews of 132 video recordings (44 in each category) by two expert reviewers. Steps were taken to ensure drift in scoring was limited between reviewers by a process of dual review and discussion of discrepancies after every 10 recordings. The study found similar scores in all three environments.

Zimmerman *et al*[10] describe the impact of implementing inter professional simulation training in their department using a combination of participant feedback and identification of latent safety threats. They also used TeamMonitor, a teamwork self-assessment-based tool to record participant thoughts following live critical events; however, this was not used to assess the simulation component directly.

Review of these articles shows these tools vary greatly in their assessment criteria—Couto *et al*[15] and Zimmerman *et al*[10] focused on teamwork performance, while in addition, the tools used by Auerbach *et al*[11] and Tsai *et al*[13] scored participants for more case specific aspects of medical assessment and management. Global rating scores were also used by Auerbach *et al*[11] and Couto *et al*[15] with measures stated to limit inter-rater variability. These scores were weighted heavily, accounting for 21–27%[11] (depending on whether intubation performed as

an additional skill component) and 48%[15] (dependent on evaluation technique used) of the total points available, respectively.

Task completion checklists

The development of checklists identified in this search has been carefully considered—with all authors ensuring due attention to the validity of components.

Greenberg *et al*[16] used a checklist for topics to cover when breaking bad news of infant and child death to parents. The elements of the checklist were created following a nationwide survey of emergency medicine physicians and showed improvements in scores for areas of communication and required follow-up.

Hunt *et al*[17] performed a large scale study across 25 emergency departments in North Carolina, running unannounced in situ trauma simulations and measuring adherence to a 44-item checklist with items derived from resuscitation courses that are considered the standard of care for the treatment of critically ill children and trauma patients in the USA.

Schmutz *et al*[18] designed three performance evaluation checklists for simulated cases of infants with cardiopulmonary arrest, dyspnoea with low oxygen saturations after intubation and respiratory syncytial virus bronchiolitis. Elements of the checklist were derived from clinical guidelines and expert opinions through a Delphi process. They assessed construct validity by using three external constructs—global performance rating, team experience level and scenario specific time markers. These performance evaluation checklists were considered valid if they showed a significant relation to the performance score; however, this relationship was not observed in the bronchiolitis case.

Donoghue *et al*[19] addressed concerns of the insensitivity of checklist approaches to the timeliness and order of observed action. They assessed 20 participants in their management of simulated respiratory and cardiac emergency scenarios, using checklists based on Paediatric Advanced Life Support algorithms. Inter-rater reliability for the four raters was calculated to be acceptable. As stated by the author, the goal of the rating systems was to assess 'whether tasks were performed at all, whether they were performed properly, whether they were performed in proper sequence and whether they were performed in a timely manner'.[19]

Time to event assessment

In 2013, O'Leary *et al*[2] performed a two-arm cohort study with 56 junior medical officers, randomising them to one of two simulated anaphylaxis scenarios; a patient presenting in anaphylaxis with or without associated hypotension. They then used time to event assessment to measure the time epinephrine was given and also the route and dose as secondary outcomes. Although they found statistically significant differences between the two groups, they highlighted that doctors may perform differently in real patient situations which is a limitation of this method of assessment. Tofil *et al*[20] conducted a randomised cohort study to assess whether repeated exposure to one simulation scenario (pulseless electrical activity cardiac arrest) would translate into improved performance and decision-making in varied scenarios. Results showed repetition of exposure did improve some measure of performance in the repeated scenarios. However, conversely a noted limitation was that this influence from previous simulation exposure may not lead to the appropriate prioritisation for the current scenario.

Other methods

Patterson *et al*[9] and Zimmermann *et al*[10] used latent safety threat identification during debriefs. This brought about change in the form of new clinical developments within their departments; renewing guidelines, setting up workshops and purchasing new equipment. O'Leary *et al*[21] used a similar approach, using simulation to capture episodes of suboptimal care and their causation. Katznelson *et al*[22] used provider comfort scores, recording participants self-rated confidence score as a percentage for procedural skills (including intravenous line placement and blood taking) and for two cognitive skills—patient assessment and recognising abnormal vital signs. Of note, no statistically significant change was found in the reported confidence of medical doctors performing procedural skills prestimulation and postsimulation.

CONCLUSIONS

Feedback form

The main caveat with a feedback form is they are not an objective measure of performance within the simulation and second, self-reports of improved confidence do not necessarily translate into improved competence in the clinical context.[23] Self-assessment is a complex, potentially learned skill, requiring individuals to have insights into their own limitations and competencies.[24] This is also supported by previous studies which have shown no relationship between self-ratings of confidence and actual competence.[25]

Performance evaluation

Analysis tools/scores

One of the benefits of an analysis tool is a definitive score you can assess for change over time following exposure to simulation[11] or introduction of other education strategies. Documenting scores for each subdivision also highlights areas to discuss during debriefs. However, completing the tool is often time consuming and it is difficult to set a threshold for what score denotes a level for acceptable clinical practice. Paediatric emergencies are very varied in their presentation and complexities. Running alongside clinical practice, the skill mix and training level of staff participating in an in situ simulation, is dependent on the activity within the department. If an analysis tool which generates an overall score is used, these confounders could generate a low score in a complex scenario with more junior team members and it may disempower them or discourage future participation. Ensuring consistency of global rating scores would also be difficult to achieve in departments which use different facilitators depending on staff availability.

Task completion checklists

Benefits of a checklist approach are that there is a clear record of which aspects of assessment or management have been missed and in a team or individual who is performing well with minor omissions; this can be very useful in fine tuning their future approach. However, in a complex scenario, the checklist can be very extensive and the importance of a particularly crucial management point overlooked. Regehr *et al*[26] compared the use of checklists and global rating scores in the medical Observed Structured Clinical Examination assessment of 33 medical clerks and 15 residents using simulated patients. Here it was suggested that stations relying only on checklists, rewarded candidate thoroughness rather than competence and may not allow for alternative approaches to a clinical problem which

come with experience. The results supported their initial hypothesis, with global rating scores showing residents scoring statistically significantly higher than clerks, while checklist scores were unable to differentiate between the two.

This work is further supported by Ilgen *et al*,[27] who performed a systematic review of validity evidence for checklists versus global rating scales in a simulation-based assessment of health professionals. Conclusions were that while checklist inter-rater reliability and trainee discrimination were more favourable than suggested, each task requires a separate checklist. Compared with the checklist, the Global Rating Scale (GRS) has higher average interitem and interstation reliability, can be used across multiple tasks and may better capture nuanced elements of expertise.

Time to event assessment

Selecting a key part of the management plan and timing this to produce an objective result seems a much more simple method for assessing performance. There are time recommendations for certain paediatric medical treatments, for example, intravenous antibiotics within the first hour of suspected sepsis,[28] which lend themselves well to this method of assessment. However, in the majority of cases, it is the chronology of management and the thought process behind this which is more important. For example, in those performing a structured A to E assessment, intravenous fluids will be given after ensuring that the airway is patent. This means that those with a more haphazard, unstructured approach may score better on 'time to intravenous fluid administration' even though the patient remains at risk with a threatened airway.

Other methods

Evaluation by latent safety threat identification or episodes of suboptimal care and causation factors provides a good clinical quality improvement correlation, so long as there is a system in place to bring about change and repeat scenarios to see if recognition and avoidance of such issues improves after these changes.

Departments using high-fidelity manikins do so to make their scenarios as realistic as possible and allow for both training of practical skills as well as learning gained from the simulation itself. Intubation, venepuncture and intraosseous needle insertion can be practiced as part of a simulation although the context of this training is different from when occurring in a one-to-one task only session. This may explain why Donoghue *et al*[19] found no statistically significant difference in self-rated confidence scores for these procedures.

Summary

There are 16 articles assessing performance in paediatric emergency department in situ simulation, with the most frequently used method of assessment being performance evaluation methods. For a tool to be useful in this environment, it must be easy to use by a variety of facilitators and versatile, reflecting the wide diversity of paediatric emergencies. If timed elements are used, they have the most educational value when viewed in conjunction with the sequential assessment and management of the patient. Exploring the verbal and non-verbal communication within the team must also be considered although this is difficult to quantify. None of the studies in this area have looked at patient level outcomes and this is therefore an area which should be explored in the future.

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