70% of our alumni strongly agreed that the programme provided the right level of learning and challenge

85% of our alumni strongly agreed that the education and training they received at AKU was relevant to their career goals

90% of our alumni said that their AKU experience was very good or excellent

\*Supporting Healthy Futures for East Africa: Celebrating 15 Years of Partnership in Nursing Education School of Nursing and Midwifery in East Africa, Aga Khan University.

# enjoy careers in a range of settings, holding leadership positions in hospitals, universities and colleges, government authorities, businesses and non-profit organizations.



Winnie Shena, '10, Kenya National Chairperson National Nurses Association of Kenya

"For me, the starting point was to realize that nursing is not just the skills you use by the bedside, it's responding to the needs of the community," she says. "You can influence policies, you can contribute to economic development. And that I learned at AKU."



At AKU, Mary discovered that "you don't have to be one thing. You can be a leader, manager, mentor, educator, spokeswoman and advocate." Mary is indeed all those things: in addition to leading a clinic she founded, she serves as president of the 780-member Private Midwives Association of Uganda.





Raheema Panga, '13, Tanzania District Reproductive and Child Health Coordinator Ubungo Municipal Council, Dar es Salaam

Raheema found the community nursing modules at AKU very useful in responding to a number of challenges, including a low level of male partner testing for HIV/AIDs and limited male involvement in prevention of mother to child transmission services. "Our center was identified as a Center of Excellence in male involvement," she says.





# SCHOOL OF NURSING AND MIDWIFERY

BSc in Nursing, Tanzania

Welcome to the Aga Khan University's School of Nursing and Midwifery in East Africa. With campuses in Kenya, Tanzania and Uganda, we offer programmes that are designed to give you the knowledge and skills needed for a career in nursing and midwifery. Our focus is on producing nurses and midwives who possess the clinical skills, problem-solving abilities and leadership capacities needed to become outstanding professionals.



Our vision is to provide you with an internationally benchmarked quality education that is relevant, innovative, affordable and needs-based.

We enable graduates to develop the skills, knowledge and experience of the modern nurse and midwife, helping them to grow by encouraging participation in evidencebased practice and by facilitating connections with networks outside the East African region

As a research-active school, our faculty are qualified expert nurses and midwives, who are able to impart knowledge and skills that allow graduates to be innovative and creative in finding solutions to local and global health problems. We use a dynamic learning model and an innovative curriculum in a work-study programme that makes it possible for nurses and midwives to continue working while studying.

Our standards are recognized worldwide and our students have the opportunity to draw from a wealthy pool of knowledge of experts, from within Africa and elsewhere.

#### Awards

Our School and our students have received awards and scholarships within East Africa and from abroad.

In 2017, a member of our faculty in Tanzania was awarded the Midwife for Life Award by the International Confederation of Midwives in Toronto, Canada.

In the same year, a member of our Uganda faculty received a rare Commonwealth Scholarship to complete her PhD studies in nursing from the University of Salford in the United Kingdom.

#### Our programme

Our nursing degree blends solid academic knowledge, innovative teaching methods and clinical experiences to enable you to provide holistic care for the individual. You will benefit from small classes, well-qualified and supportive faculty and an intensive curriculum that goes beyond national requirements to include coursework in subjects such as critical thinking and culture, health and society – areas of study that our graduates consistently say are especially strong influences on their careers.



# What will you learn?

In the first year, you will explore the biomedical sciences such as pharmacology, biochemistry, microbiology and pathophysiology, before moving onto advanced concepts in medical surgical nursing.

You will have the opportunity to engage in critical analysis, improve your academic writing and investigate the connection between information technology and healthcare.

During the second year, the modules will give you exposure to the social determinants of health, reproductive health, child health, community health, and mental health and psychiatry. You will get an opportunity to engage in research and teaching and learning.

In the final half-year, you will focus on leadership and management skills, on the planning and decision making needed to deliver care effectively.

You can also take an elective course that can improve and change practice through an evidence-based project.

# **How will you learn?**

You will attend classes and conduct clinical rotations for two days each week, then work at your job for the remaining three days. In addition to this, you will have one-on-one time with the instructors to gain clarity on any aspects that were not understood in the class setting; you will also have access to mentorship from the instructors as well as regular assessments from the faculty to keep up to date with your progress. Your clinical practice skills will be sharpened through guided learning that takes place in hospitals, mental health hospitals, and community-based health facilities or settings.

#### What facilities are available?

The School has well-stocked modern libraries with a wide range of material in each of its three East African campuses which are highly conducive for private study and research.

There are also well-equipped clinical skills labs to facilitate active learning where students are able to practice in a safe environment that enables them to explore the boundaries of learning.

# What are our entry requirements?

This course is offered to registered nurses who have a:

- Form IV level of education with a minimum aggregate score of Division IV in the Certificate of Secondary Education Examination.
- Five passes at O-level Secondary Education including English, Physics, Chemistry and Biology.
- Diploma in Nursing and Midwifery with a minimum grade of B+ (B plus) or second-class standing awarded by an Institution accredited by the National Council of Technical Education (NACTE) or its equivalent.
- A certificate with Award Verification Number (AVN) provided by National Council of Technical Education
- Current license and registration with either Tanzania or Zanzibar Nurses and Midwives Council.
- A minimum of two years of experience in a clinical care setting as a Registered Nurse/Midwife.
- Be a Registered Nurse with a midwifery/psychiatry

Candidates will also be evaluated through the admission test, The School of Nursing and Midwifery is located in Dar es letters of reference and a personal interview.

# When do classes begin?

The two-and-a-half-year programme starts at the end of October each year.

#### What support is available?

Our students can apply for scholarships and eligible students may enquire about the fee structure while applying.

#### How do you apply?

You have to fill out an application form, complete and sign it; and submit it along with certified copies of your:

- Secondary school certificate
- Diploma in Nursing certificate and transcript
- Certificate of enrolment/registration with applicable Nursing and Midwifery Council (Tanzania or Zanzibar)
- Letter of release/recommendation from current employer
- Two passport-size photographs

# Where can you get more details?

Salaam, Tanzania at Salama House, 344 Urambo Street.