

# Our alumni

enjoy careers in a range of settings, holding leadership positions in hospitals, universities and colleges, government authorities, businesses and non-profit organizations.

## 70%

of our alumni strongly agreed that the programme provided the right level of learning and challenge

## 85%

of our alumni strongly agreed that the education and training they received at AKU was relevant to their career goals

## 90%

of our alumni said that their AKU experience was very good or excellent



**Winnie Shena, '10, Kenya**  
National Chairperson  
National Nurses Association of Kenya

"For me, the starting point was to realize that nursing is not just the skills you use by the bedside, it's responding to the needs of the community," she says. "You can influence policies, you can contribute to economic development. And that I learned at AKU."



**Mary Musoke, '09, Uganda**  
Founder, Maama Maria's Domiciliary Clinic

At AKU, Mary discovered that "you don't have to be one thing. You can be a leader, manager, mentor, educator, spokeswoman and advocate." Mary is indeed all those things: in addition to leading a clinic she founded, she serves as president of the 780-member Private Midwives Association of Uganda.



**Raheema Panga, '13, Tanzania**  
District Reproductive and Child Health Coordinator  
Ubungo Municipal Council, Dar es Salaam

Raheema found the community nursing modules at AKU very useful in responding to a number of challenges, including a low level of male partner testing for HIV/AIDs and limited male involvement in prevention of mother to child transmission services. "Our center was identified as a Center of Excellence in male involvement," she says.



Welcome to the Aga Khan University's School of Nursing and Midwifery in East Africa. With campuses in Kenya, Tanzania and Uganda, we offer programmes that are designed to give you the knowledge and skills needed for a career in nursing and midwifery. Our focus is on producing nurses and midwives who possess the clinical skills, problem-solving abilities and leadership capacities needed to become outstanding professionals.



### Nursing and midwifery at AKU

Our vision is to provide you with an internationally benchmarked quality education that is relevant, innovative, affordable and needs-based.

We enable graduates to develop the skills, knowledge and experience of the modern nurse and midwife, helping them to grow by encouraging participation in evidence-based practice and by facilitating connections with networks outside the East African region.

As a research-active school, our faculty are qualified expert nurses and midwives, who are able to impart knowledge and skills that allow graduates to be innovative and creative in finding solutions to local and global health problems. We use a dynamic learning model and an innovative curriculum in a work-study programme that makes it possible for nurses and midwives to continue working while studying.

Our standards are recognized worldwide and our students have the opportunity to draw from a wealthy pool of knowledge of experts, from within Africa and elsewhere.

### Awards

Our School and our students have received awards and scholarships within East Africa and from abroad.

In 2017, a member of our faculty in Tanzania was awarded the Midwife for Life Award by the International Confederation of Midwives in Toronto, Canada.

In the same year, a member of our Uganda faculty received a rare Commonwealth Scholarship to complete her PhD studies in nursing from the University of Salford in the United Kingdom.

### Our programme

Our midwifery degree will prepare you to provide the essential care, advice and support to women during one of life's most important events: pregnancy, childbirth and early newborn care stages.

Importantly, we will prepare you to consult, collaborate and provide referrals to other members of the medical team to provide optimal care to women and their families at all levels of the health care system.

### What will you learn?

In the first year, you will explore the biomedical sciences such as human anatomy and physiology, biochemistry, microbiology and parasitology, before moving onto advanced concepts in normal child-bearing. You will have the opportunity to engage in critical analysis, improve your academic writing and investigate the connection between information technology and healthcare.

During the second year, the modules will give you exposure to the complications of the child-bearing cycle, emergency and referral, behavioural psychology and counselling as well as new-born complications, epidemiology and demography. You will get an opportunity to engage in research and teaching and learning.

In the final half-year, you will focus on leadership and management skills, on the planning and decision making needed to deliver care effectively.

You can also take an elective course that can improve and change practice through an evidence-based project.

### How will you learn?

The course includes face-to-face classes on campus and clinical experience in health facilities approved by the Nursing Council of Kenya and in student workplaces, preferably in maternal, new-born and child health settings.

In addition to this, you will have one-on-one time with the instructors to gain clarity on any aspects that were not understood in the class setting; you will also have access to mentorship from the instructors as well as regular assessments from the faculty to keep up to date with your progress. This means you will acquire experience across a range of situations including clinics and hospitals as well as the wider community.

### What facilities are available?

The School has well-stocked modern libraries with a wide range of material in each of its three East African campuses which are highly conducive for private study and research. There are also well-equipped clinical skills labs to facilitate active learning where students are able to practice in a safe environment that enables them to explore the boundaries of learning.

### What are our entry requirements?

You will need to be:

- Be a Kenya Registered Community Health Nurse (KRCHN) or Kenya Registered Nurse or Kenya Registered Midwife (KRN/KRM).
- Have at least two years of work experience as a KRCHN or KRN/KRM.
- Have a KCSE Aggregate C+ (Plus) or KCE Division II.
- Having worked in a mother and child health-related setting is an added advantage.

### When do classes begin?

The two-and-a-half-year programme starts in August of each year.

### What support is available?

Our students can apply for scholarships and eligible students may enquire about the fee structure while applying.

### How do you apply?

You have to fill out an application form, complete and sign it; and submit it along with certified copies of your:

- KCSE or KCE certificate
- Diploma in Nursing certificate
- Diploma in Nursing transcript
- Certificate of enrolment/registration with Nursing Council of Kenya
- Letter of release/recommendation from current employer
- Two passport-size photographs

### Where can you get more details?

For all enquiries email: [sonam.ke@aku.edu](mailto:sonam.ke@aku.edu) or call the Office +254 20 374 5808 | 374 7483 | 366 2014.

The School of Nursing and Midwifery in Nairobi, Kenya is located at Sunny Plaza Wangapala Road, off 4th Parklands Avenue.