



آغا خان یونیورسٹی

THE AGA KHAN UNIVERSITY

Offered by:

Department of Community Health Sciences

Information and Registration:

Master of Science in Public Health

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Public Health Nutrition Standalone Course with Graduate Credits

August 03– November 23, 2026 | 2:00 - 5:00 pm | Every Monday

The Master of Science in Public Health (MSPH) Programme is pleased to announce the standalone course scheduled for August – November 2026. This course is part of the programme curriculum but can also be taken without enrolling in a degree programme. Course credits can contribute towards a master's degree.

Course Description

The Public Health Nutrition (PHN) course addresses the complex interplay among dietary patterns, health systems, and socio-environmental factors that drive malnutrition (both over- and undernutrition) in all its forms. With 85% of premature NCD-related deaths in low- and middle-income countries (LMICs) linked to nutrition-related challenges. Inadequate local evidence on diet, nutrition, and disease outcomes constrains accurate identification of the problem and policy interventions to address the rising burden of under- and over-nutrition and chronic diseases.

This course equips students to design, implement, and evaluate evidence-based nutritional solutions grounded in public health principles, and trains candidates to address the alarming rise in malnutrition-related diseases in coordination with stakeholders, ultimately advancing sustainable development goals (SDGs).

A strong emphasis is placed on data literacy, ensuring that students can translate epidemiological evidence into actionable programmatic interventions. This interdisciplinary course integrates interactive sessions along with a variety of active learning strategies, including group projects/ presentations and panel discussions.

The assessment of this course entails assignments, quizzes, a letter to the editor, a short communication, and concept note writing. This comprehensive approach prepares students to take on leadership roles in public health nutrition, whether as policy advisors, program directors, or individuals involved with UN agencies or NGOs.

Course credits can contribute towards a master's degree:

Candidates who will achieve a cGPA of 3.5 or above after completing two courses or a cGPA of 3.0 or above after completing three courses are exempted from writing the Admission Test. They will be required to appear for an interview. The courses are valid for three years only for entry into the MSPH programme.

Important Information:

Submit the form via e-mail by Friday, July 10, 2026, at visiting.application@aku.edu along with the following as a PDF file:

- Completed and signed application form along with a photograph
- Attested copy of degree and marks sheet of sixteen years of schooling in the relevant field as mentioned in the criteria.
- Attested copy of CNIC / Passport
- Attested copy of work experience letter

Interested candidates are encouraged to ensure their applications are duly completed, as incomplete applications will not be processed.

AKU may request additional documentation or an equivalence certificate to clarify your qualification.

Course Director:
Dr. Romaina Iqbal

Course fee: PKR 117,000
Register by: July 10, 2026

Visit our website for more details : <https://www.aku.edu/mcpk/graduate/Pages/msph.aspx>