

ESSENTIAL PACKAGE OF HEALTH SERVICES (EPHS) PILOT IN DISTRICT TANDO ALLAHYAR

Health Care Services: First Level Hospitals (DHQ)

Name of Intervention / Service	
Reproductive, Maternal, Newborn, Child and Adolescent Health (RMNCAH)	
1	Screening and management of diabetes in pregnancy (gestational diabetes or preexisting type II diabetes)
2	Management of eclampsia with magnesium sulfate, including initial stabilization at Health Center
3	Management of preterm premature rupture of membranes , including administration of antibiotics
4	Management of maternal sepsis , including early detection at Health Center
5	Management of new-born complications infections , meningitis, septicemia, pneumonia and other very serious infections requiring continuous supportive care (such as IV fluids and oxygen)
6	Management of preterm labor with corticosteroids, including early detection at Health Center
7	Management of labor and delivery in high risk women , including operative delivery (CEmNOC)
8	Management of neonatal sepsis, pneumonia, and meningitis using injectable and oral antibiotics
9	Full supportive care for preterm newborns
10	Surgical termination of pregnancy by manual vacuum aspiration and dilation and curettage
11	Insertion and removal of long-lasting contraceptives (IUCDs and Implants)
12	Tubal ligation
Non-Communicable Diseases (NCD) & Injury Prevention and Control (IPC)	
13	Management of acute coronary syndromes with aspirin, unfractionated heparin, and generic thrombolytics (when indicated)
14	Secondary prophylaxis with penicillin for rheumatic fever or established rheumatic heart disease
15	Management of acute exacerbations of asthma and COPD using systemic steroids, inhaled beta-agonists, and, if indicated, oral antibiotics and oxygen therapy
16	Medical management of acute heart failure
17	Management of intoxication/poisoning syndromes using widely available agents; e.g., activated charcoal, naloxone, bicarbonate, antivenin
Surgical & Related Services	
18	Appendectomy
19	Management of non-displaced fractures
20	Relief of urinary obstruction by catheterization or suprapubic cystostomy
21	Tube thoracostomy