

ESSENTIAL PACKAGE OF HEALTH SERVICES (EPHS) PILOT IN DISTRICT TANDO ALLAHYAR

Health Care Services: Community Level (LHW, CMW)

	Name of Intervention/Service
	Reproductive, Maternal, Newborn, Child and Adolescent Health (RMNCAH)
1	Antenatal and postpartum education on family planning
2	Counseling of mothers on providing thermal care for preterm newborns (delayed bath and skin-to-skin contact)
3	Promotion of breastfeeding or complementary feeding by lay health workers
4	Education on handwashing and safe disposal of children's stools
5	Pneumococcus vaccination
6	Rotavirus vaccination
7	Provision of vitamin A and zinc supplementation to children according to WHO guidelines, and provision of food supplementation to women and children in food insecure households
8	Childhood vaccination against Vaccine Preventable Diseases (VPDs): diphtheria, pertussis, tetanus, polio, BCG, measles, hepatitis B, Hib, rubella
9	Education of schoolchildren on oral health
10	Provision of iron and folic acid supplementation to pregnant women , and provision of food or caloric supplementation to pregnant women in food insecure households
11	Provision of condoms and hormonal contraceptives , including emergency contraceptives
12	Counseling of mothers on providing kangaroo care for newborns
13	Screening of hypertensive disorders in pregnancy
	Infectious Diseases
14	Guidance during emerging infectious outbreak , provide advice and guidance on how to recognize early symptoms and signs and when to seek medical attention
15	Systematic identification of individuals with TB symptoms among high-risk groups and linkage to care (“active case finding”)
	Surgical & Related Services
16	Identification/screening of the early childhood development issues motor, sensory and language stimulation