

## **Social determinants and women's daily lives** (Grant received in Dec 2015)

**Department:** Community Health Sciences

**Project Sponsors:** AKU URC

**Duration:** 2015-2016

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**Background:** The WHO CSDH recommends improvement of daily living conditions of girls and women, in which they are born, live and work and this would lead to better health outcomes (CSDH 2008). For taking forward CSDH recommendation, researchers would need to highlight what constitutes the daily lives of women in different locales (urban, rural for example), for their differences are likely to create different living conditions. This knowledge would be relevant for interventions and building programs for improving women's daily lives and thereby their health. Thus, this study would provide evidence for taking action on Commission's recommendation.

### **Primary Objectives:**

- Identify key determinants that shape and influence women's daily life.
- Describe how women define their health and wellbeing
- Describe how women cope with their daily living conditions
- List women's priorities for change in their daily life.
- Review relevant policies to identify clauses that support women's priorities

**Methods:** Participatory action research approach and use of participatory rural appraisal tools.

### **Research Impact\Expected outcome\Result:**

- A framework for examining social determinants of women's health
- Study report
- Presentations for research seminars
- Policy briefs
- A paper for a peer reviewed journal
- A paper for popular press
- A poster/flyer on women in the communities