

Dr. Tanveer Jilani
Assistant Professor

Publications

To date, 10 publications

1. Ghias K, **Jilani T**, Jabeen K, Ahmed R. Does mock exercise improve students' oral examination skills? *Med Educ.* 2017;51(11):1162
 2. **Jilani T**, Azam I, Moiz B, Mehboobali N, Iqbal MP. Positive association of vitamin E supplementation with improved hemoglobin levels in mildly anemic healthy Pakistani adults. *Int J Vitam Nutr Res.* 2015; 85(1-2): 39-49 [IF: 0.854]
 3. **Jilani T**, Iqbal MP. Does Vitamin E have a role in treatment and prevention of anemia's? *Pak J Pharm Sci.* 2011; 24 (2): 237-242. (IF: 1.103)
 4. **Jilani T**, Iqbal MP. Risks associated with mild anemia in apparently healthy individuals: How to combat anemia in general population. *Pak J Med Sci.* 2010; 26 (4): 990-994. (IF:0.161)
 5. **Jilani T**, Moiz B, Iqbal MP. Vitamin E supplementation enhances hemoglobin and erythropoietin levels in mildly anemic adults. *Acta Haematologica.* 2008; 119:45-47. (IF: 0.894)
 6. **Jilani T, Iqbal T**, Salahuddin. Role of endogenous Vitamin E in exercise-induced lipid peroxidation in trained and untrained healthy people. *Medical Channel.*2004; 10(3): 51-54.
 7. **Jilani T**, Muhammad A, Salahuddin. Effect of acute exercise on serum Vitamin E levels in physically trained and untrained apparently healthy adults. *Pakistan Journal of Pharmacology.* 2003; 20(1):21-24.
 8. **Jilani T**, Muhammad A, Mohammad A. Effects of acute exercise on serum malondialdehyde levels in physically trained and untrained apparently healthy people. *Medical Channel.* 2002; 8(2): 8-10.
 9. Mohammad F, Nafees M, **Jilani T**. Relationship between physical activity and serum ferritin levels. *Ann. Abbasi Shaheed Hosp. Karachi Med. Dent. Coll.* 2002; 7: 306-309.
 10. Mohammad F, Nafees M, **Jilani T**. Relationship between smoking and serum ferritin levels. *Ann. Abbasi Shaheed Hosp. Karachi Med. Dent. Coll.* 2002; 7: 274-277.
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