Going back to School

Authored by Shelina Bhamani, PhD.
Illustrated by Maria Riaz
Edited by Ali Faisal Saleem & Janelle Dias

A free-of-cost e-publication produced as supplementary material for the 'Schools Reopening Early Childhood Development Leadership Training Project' by the Division of Women and Child Health, Medical College, at Aga Khan University in Pakistan.
Going back to School

A publication under Schools Reopening Early Childhood Development (ECD) Leadership Training Project of the Division of Women and Child Health, Aga Khan University

Project Leads

Dr. Shelina Bhamaani
Department of Obstetrics and Gynaecology,
Aga Khan University

Dr. Ali Faisal Saleem
Department of Paediatrics and Child Health,
Aga Khan University

Advisors

Dr. Lumaan Sheikh
Department of Obstetrics and Gynaecology,
Aga Khan University

Dr. Salman Kirmani
Division of Women and Child Health,
Aga Khan University

Acknowledgements

Dr. Qamber Abbas
Alaina Tabani
Dawood Ahmed
Vardah Bharuchi
Abeer Hammadi
Azra Naseem
Tamela Smith Hatcher
Dr. Audrey Juma
Dr. Barbara Toye Welsh
Dr. Faisal Mahmood
Inayat Ali Meghani
Dr. Danish Aziz
Anum Jawaid
Rizwan Rizvi
Dr. Zaheena Islam
Marketing & Communications Team, AKUH
Marketing & Communications Team, Medical College, AKU

No part or section of this book can be reprinted, sold or distributed without prior permission from the entity.
This book belongs to
In December 2019, a new virus was discovered. People named it COVID-19, but they also called it Coronavirus.
One day, when schools re-opened across the country, the virus decided to pay one of the schools a visit. However, it was very sad to see that everyone was wearing a mask!
So COVID-19 decided to go near some of the school kids. To its great surprise, they were all greeting each other from afar!
Next the virus visited one of the classrooms to see if the kids were all playing close together. But to its dismay, they were all staying at two-arms distance from each other!
COVID-19 then went near a little boy who was about to **cough**....

but was **sad** to see that he was wearing a **mask** and coughed into his **elbow**.
Then the virus went to check on the washrooms.

But there too, all the kids were washing their hands properly while keeping at a safe distance from each other the entire time!
So COVID-19 decided to wait till it was time for the kids to go home from school. It was sure that the kids would not keep away from each other at that time. Yet, it was once again sad to see the kids keeping a good, safe distance from each other.
The virus then followed a few kids to see what they did once they reached home. But it saw that they immediately went in to take a bath. COVID-19 was very disappointed by this behaviour and wanted to hide away.
Finally, COVID-19 thought that maybe the kids would go out and play in a crowd and share toys. The kids, however, started watering their little garden, tossed a ball to each other and played hide-and-seek. They did not carry any of their toys outside. They made sure that they followed all the necessary SOPs.
COVID-19 was in great **despair**.
So, **after** this very long and disappointing day, it decided to go far, far away.
We look forward to receiving the vaccine against COVID-19. But until then, it is and always will be important to follow the guidelines given by our healthcare experts. We must ALWAYS follow SOPs.
A free-of-cost e-publication produced as supplementary material for the
‘Schools Reopening Early Childhood Development Leadership Training Project’
by the Division of Women and Child Health, Medical College,
at Aga Khan University in Pakistan.

For any related queries please touch base with the project leads.
shelina.bhamani@aku.edu
ali.saleem@aku.edu