

13th International Conference Raising Children in Our Times

October 15 & 16, 2025

CONFERENCE PROGRAMME Karachi & Online



	CONFERENCE DAY 1 WEDNESDAY, OCTOBER 15, 2025 AKU AUDITORIUM, STADIUM ROAD CAMPUS								
8:30 – 9:30	Conference Registration – AKU Auditorium Entrance								
INAUGURAL CEREMONY									
	Readings from the Sacred Literature								
	Welcome Remarks by Farid Panjwani, Dean, AKU-IED								
9:30 – 10:30	Address by Tania Bubela, Provost, AKU								
9.30 - 10.30	Address by Salim Virani, Vice Provost, Research, AKU								
	Overview by Sajid Ali, Conference Chair, AKU-IED								
	Remarks by the Chief Guest, Syed Sardar Ali Shah, Education Minister Sindh								
10:30 – 10:55	TEA BREAK								
	KEYNOTE SESSIONS AND PANEL DISCUSSION								
11:00 – 12:00	Keynote Session The Flourishing Child Lynne Wolbert, Associate Professor, HU University of Applied Sciences Utrecht PhD, Philosophy of Education, VU Amsterdam Chair: Naveed Yousuf, AKU-EB								
12:05 – 12:15	Instrumental Performance by AKU Music Society								
12:20 – 13:30	Panel Discussion Beyond Survival: Shaping Safe and Supportive Spaces for the Modern Child Panelists – 1. Omair Ahmed, NOWPDP; 2. Mehmood Mughal, ISRA University; 3. Nargis Asad, AKU; 4. Fozia Parveen, AKU Moderator – Shelina Bhamani, AKU								
13:35 – 14:20	LUNCH BREAK								
14:30 – 15:15	Keynote Session I In conversation with Haroon Yasin and Bronwen Magrath Chair: Farid Panjwani, AKU-IED								
15:15 – 16:00	Dastangoi by Meesam Naqvi, and Nazrul Hasan								
16:00 – 16:30	Session I Voices of Children Chair: Nasima Shakeel								
16:30 – 16:45	Activity by AKU Synergy Team								
16:45 – 17:15	Conclusion of Day 1 Sajid Ali, Conference Chair, AKU-IED Vote of Thanks Haris Tohid, AKU-IED								
17:15	End Day 1 and Refreshment								





10:30 - 11:00

TEA BREAK

CONFERENCE DAY 2 | THURSDAY, OCTOBER 16, 2025 | AKU-IED KARIMABAD CAMPUS 8:30 - 9:00Conference Registration AKU-IED Entrance **CONCURRENT SESSIONS I | 09:00 – 10:30** F2F | Room 02 **F2F | Room 05** F2F | Room 09 **F2F | Room 10** F2F | Computer Virtual | Room 03 Virtual | Room 11 **F2F | Room 08 F2F | Room 12 F2F | Room 13** F2F | Library (Zoom) (Zoom) (Zoom) Lab (Zoom) (Zoom) (Zoom) Chair: Sadia Bhutta **Munir Lalani** Hina Velji **Naveed Yousuf** Sajid Ali **Sarwat Nauman Nusser Sayeed** Rabia Nauman Aien Shah Yasmeen Seema Laasi Mehboob Theme1: **Symposium** Theme 3: Theme 2: Theme 4: Theme 6: Theme 5: Theme 6: Theme 3: **DARE-RC** Current ECE & Technology, AI, Child **Symposium** Mental Health Children and the Moral Children and the Theme 1: Technology, AI, and **Caregiving Models GPE-KIX Current ECE &** Media in Children's and Media in **Development:** and the Well-Question of **Development** Question of 'Improving Drivers Children's Lives Equity, Economy being of Children Inclusion Inclusion Caregiving Lives of Learning for & Environment Models & Marginalized Keynote Children' **Mapping ECE** Eco-Integrating **Breaking Barriers:** Moral **Raising Inclusive Preparing Neuro-pedagogy Projects Through Teachers for** Consciousness Neuropedagogy & **Innovative Development via** Children: & Early Learning **Keynote** Indigenous & STEM in **Through Child-**Creativity in **Education for** Religious Strategies for **Family Lenses Online ECED** Underprivileged **Education: A Case Educational** Takuya NUMAJIRI Uncertain Centered Fatima Javed **Training** Children from a Faith-University of Fukui **Futures** Learning **Equity** Lived Educational Ghazal Azeem **Based Community** and Social Tasneem Anwar Nazir Ahmed Zainab Shahzadi Alina Majid Mahwish Kamran **Experiences of** Shaikh (Theme 3) Shairose Jessani Raising Childre: The **Transforming Minority Children** Seema Surani Japanese Way Teaching, Farid Panjwani Learning and (40 mins) Leadership **GSED Dietary Digital Tools & Raising Climate**through Adolescents' Teachers as **Early Intervention Formative** Parenting in the **Conscious Implementation English** Contextualized **Emotional** Challenges in **Conflict Resolvers** for Children with Assessment for Digital Age: **Experience of** for 0-3-Year-Olds Comprehension Children **Global Practices** Intelligence & Children with in Early Childhood **Special** Holistic Challenges in Children with **Across Three** in Middle School **Early Childhood Educational Development** Managing Children's Neurodevelopme **Peace Education** Disabilities in Countries **Development** ntal and Genetic Needs Social Media Erum Khan Mainstream Faiga Asim Takbir Ali **Disorders:** Laksha Bheem Shahzadi Anwari Schools Ambreen Nizar Taimoor Anum Zulfigar Ali **Insights from** Kashaf Fiza Seerat Fatima Mujahid Ahmad Julia de Kadt Zahida Karachi Nasima Shakeel Ayesha Zahid Khan Parenting & **Digital Active Empowering Promoting** Metaverse and Beyond the **Impact of Moral Increasing Girls' Preparing Education in** Storytelling: Citizenship for **Teachers to Inclusion through** Moral Values: An **Digital Divide: Development on** Middle School **Teachers for Modern Times** Screens to Sustainability **Support Student** a Rights-Based Islamic **Can Low-Cost** Students' Academic **Enrolment: Testing** Child **Values** Mental Health Approach to **Perspective** Tech Make a **Achievement in Targeted Solutions Development: A** Paras Aslam Asma Shahid Kazi Disability and Difference? **Public Secondary** Zainab Latif **Review of Pre-**Hina Amin Shazmeen Karim Gender Lubna Imran **Schools Service Courses** Kavita Parvaiz Nasira Parveen Kausar Wagar Shahnaz Parveen Sohail Ahmed Channa (theme 7) (theme 5)

- 13:30

			CO	NCURRENT	SESSIONS II	11:00 – 12:30			
F2F Room 02 (Zoom)	F2F Room 05 (Zoom)	F2F Room 08	F2F Room 09 (Zoom)	F2F Room 10 (Zoom)	F2F Room 12	F2F Room 13	F2F Library	Virtual Room 03 (Zoom)	Virtual Room 11 (Zoom)
Chair: Sadia Bhutta	Chair: Shakoor Muhammad	Chair: Ali Gohar Qazi	Chair: Khairulnissa Ajani	Chair: Murad Jan	Chair: Karim Aman	Chair: Munira Amirali	Chair: Takbir Ali	Chair: Nasima Shakeel	Chair: Nazim Aman
Theme 4: Mental Health and the Well-being of Children	Symposium	Theme 3: Technology, AI, and Media in Children's Lives	Themes 2: Child Development: Equity, Economy & Environment	Symposium	Theme 4: Mental Health and the Well-being of Children	Theme 6: Children and the Question of Inclusion	Theme 5: Moral Development	Theme 2: Child Development: Equity, Economy & Environment	Theme 4: Mental Health and the Well-being of Children
Play, Nature & Neuroscience: A Holistic Approach to Child Development Shaheena Jumani Monia Zeeshan	Nurturing the	Digital Tech & Cognitive Abilities: Stakeholder Perspectives Kashfia Latafat	Perfectionism and Parental Burnout Fatima Ahmed		Digital Misinformation & Its Impact on Children's Development Ayesha Niaz	Raising Differently Abled Children: A Journey of Barriers and Bonds Yasmeen Mehboob	From Self-Awareness to Social Responsibility: Impact of Navigating Youth Program Naureen Javed Hirani	How Should We Raise Children? Amber Suboohi Ahmad	How Children Define Good Parenting: A Child-Centric View Aisha Naz Ansari
Whole-School Health: Impact of Involving Students, Staff & Parents Shahnila Altaf	Leaders of Tomorrow: Improving Holistic Skill Development Bronwen Magrath Mirza Hassan Amina Nigar Syed Wali Shah	Empowering Parents via AI & Digital Literacy Saima Rana Almash Amin	STEM Spark Beyond the Classroom Sana Zaib	Shaping the Future: A Collective Responsibility Shairose Jessani Salima Tejani Ali Gohar Chang	ECD Interventions in Pakistan: A Review Using the Nurturing Care Framework Ambreen Nizar	Setting Up Inclusive ECE: A Case Study from a Private School in Karachi Zubaida Faisal	Moral Education: Study of Secondary Curricula and Textbooks Rabia Nauman	Impact of Inequality of opportunity on children academics Nauman	Vaping Addiction and Psychological Well- being in Private School Adolescents Fozia Aamir Siddiqui
Family Drawings: Insights into Preschoolers' Development Ayesha Ayaz Suman Aslam Munir Lalani		Fostering Digital Resilience in an Al-Driven Future Noreen Kamran	Education in Times of Climate Catastrophe Ayesha Salman (TCF)		Teaching Beyond Books: Supporting Children's Mental Health Fatima Shahabuddin	Understanding the Gender Gap in Learning and Achievement at TCF Zuha Sohail (TCF)	Raising Children: Theory & Practice Identity Sher Bano	The Long-Term Impact of Early Childhood Attachment Styles on Emotional and Social Development btasam Thakur	ابتدائ تعلیم و تربیت بذریعه فهم قرآن ـ ایک ابتدائ تجربه Bahar Ahmad
12:30 –	LUNCH BREAK								

POSTER PRESENTATIONS (IED Courtyard) / Stalls Display

15:00 – 15:15

TRANSITION BREAK

			CONCURRE	NT SESSIONS III	I 13:30 – 15:00			
F2F Room 02 (Zoom)	F2F Room 03 (Zoom)	F2F Room 05 (Zoom)	F2F Room 10 (Zoom)	F2F Room 12	F2F Room 13	F2F AV Room	F2F KIVA	F2F Room 1
Chair: Farid Panjwani Theme 8: Philosophical & Artistic Understanding of Education	Chair: Al Karim Datoo Theme 6: Children and the Question of Inclusion	Chair: Fauzia Shamim Symposium DARE-RC 'Developing Resilient Education Service Delivery through Improved Systems Coherence'	Chair: Salma Alam Theme 7: Skills, Dispositions and Attitudes	Chair: Meher Rizvi Theme 4: Mental Health and the Well-being of Children	Chair: Kiran Qasim Theme 10: Play-Based Learning in Early Childhood Education	Chair: Rumana Hussain Arts Presentation	Session	Session
The 'Other' We Teach: Childhood,	No Child Left Behind? The Untold Story of Pakistan's Forgotten Children Nasreen Bibi Sustaining	Tracing Child Migrants' Education Access, Continuity, and Quality Amidst Climate-Induced Disruptions Seher Aftab Sevim Saadat	Real-Life Numeracy: A Toolkit for Mixed-Age Rural Classrooms Kainat Safdar Abbas Community-Based	Attention Span and Its Impact on Early Childhood Development Ghazala Mumtaz Parent-Adolescent Communication Shape	Play-Based Literacy & Numeracy: Insights from PBC2C Pakistan Faryaal Khalid Listening to	The Bridge of Positivity Tazeen Haque Wings and Roots Yasmeen Zahra Parenting in Pixels Ramsha Hayder & Haris Tohid		
Empirical Pedagogies for Learning craft Traditions Asiah Seemab	Engagement through Student Voice and Choice Sara Rahim	Schooling Strategies & Climate Change: A Coherence Analysis Rabea Malik Hadia Majid	Simulations to Teach Children Life-Saving Skills Ayesha Ahmed	Communication Shape the Mental and Emotional Well Being Kadija Gul	Children's Voices Sophia Khan Amina Yar Baig	It Takes a Village to Raise a Child Iffat Allana A slow dance of life Bilal Ahmed	Mindfulness Session Mohsin Kazi	Art-based Activity Dr Maria Iqbal Alishbah Rutaba CFAW
Music: more than entertainment but a key to open consciousness Syed Hamza Ali	Education and Intergenerational Gender Norms: A Capability- Based Analysis. Tayyaba Tamim Rabea Malik	Resilient education system for adolescent learners Sapana Basnet Fozia Parveen (Discussant)	Raising Problem Solvers: Developing Mathematical Thinking in Children Munira Amirali	Critical Analysis of Cross-generational Perceptions on Childhood in Pakistan Ayesha Syed (Theme 8)	Impact of Parenting and Schooling Erum Nazir (Theme 4)	Red Flower / Gul Lala Aliya Yousuf Echoes of Childhood Fiza Ashraf Play Based Learning Romila Kareem		

CONCURRENT SESSIONS IV | 15:15 – 16:45

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	F Room 02 (Zoom)	F2F Room 03 (Zoom)	F2F Room 05 (Zoom)	F2F Room 09 (Zoom)	F2F Room 10 (Zoom)	F2F Room 12	F2F Room 13	F2F AV Room	Virtual KIVA	F2F Room 01
Disp	Chair: Sajid Ali Theme 7: Skills, Positions and Attitudes	Chair: Rabia Nauman Theme 2: Child Development: Equity, Economy & Environment	Chair: Farid Panjwani Invited Speakers	Chair: Hadia Pasha Theme 4: Mental Health and the Well-being of Children	Chair: Zainab Latif Symposium DARE-RC 'Centering Marginalized Voices in Education Policy Discourse'	Chair: Kausar Waqar Theme 9: Social & Cognitive Development of a Child	Chair: Haroon Yasin Theme 6: Children and the Question of Inclusion	Chair: Sarah Khan Video Presentations	Session	Session
M Fut	urriculum apping for ture-Ready Children Ieher Rizvi	The future of early childhood education Taimur Khalid Bandey	Twinkle Twinkle Little Star: A Pedagogy of Wondering Al Karim Datoo	From Anxiety to Empowerment: Strategies for Children's Mental Health Ruba Shakir	Language Hierarchies and Instruction for Multilingual Learners Fauzia Shamim &	Using Pictures to Build Comprehension in Early Years Salimah Kaisani	Empowering Educators: Professional Development for Equity and Inclusion Noureen Lakhani	Interview on Mental Training for a child Altaf Mukati A Model of Holistic, Family-Centered ECEE		
Lear Ass Cas Ex	Fostering ning Through sessment: A se from AKU samination Board Munira uhammad	Effects of Civic Engagement Programs on Student Environmental Awareness Sana Abdul Salam		Impact of Teacher Training on Mental Health Support in Rural Sindh Seemi Batool	Act of Teacher ing on Mental Ith Support in ural Sindh	From Paper to Pixels: Building a Sustainable Blended Reading Culture in Schools Madiha Saeed	Exclusion or Inclusion? Teacher Practices in Pakistani Classrooms	Transgenerational Trauma Mahir Shafi Saeed ECE Development Rashda Irshad Mindfulness Session	Mindfulness Session	Art-based Activity
F	Rangwala	Promoting	Importance of Arts in ECD	Measuring Positive	Predictive Modeling	Fladina Gaccu	Technology for	Urdu Language Proposal Urooj Farrukh	Mohsin Kazi	Dr Maria Iqbal CFAW
Re Educ	Culturally levant Sex cation Model r Pakistan	Inclusivity in Education Abid Gill	Rumana Hussain	Youth Development in Pakistan **Salima Kerai	of Policy Impact on School Enrolment Farah Nadeem	Urdu's Role in Cognitive Growth &	Learning in Low- Income Contexts: Raftaar Program Findings	Rethinking Discipline in ECED Syeda Ansa Gardezi		
Kuls	soom Zaman			(online)	Irfan Muzaffar (Discussant)	Cultural Identity Sanober M. Parvaiz	Kanwal Ilyas	Discovering Talent through School Club Zara Moiz Cultivating Eco-		
								Conscious Leaders Noureen Lakhani		

F2F: Presenters will be in-person Virtual: Presenters will be online

CLOSING CEREMONY							
		Synthesis of Conference, Conference Chair, Sajid Ali, AKU-IED					
10.45 17.00	Garden Area	Awards and Certificates Distribution					
16:45 – 17:30	(Zoom)	Address and vote of thanks by Dr Farid Panjwani					
		Networking Tea					
		DAY END					

Sponsors





