

Nursing SPIRIT '22

Students' Perspectives in Research & Innovation Trends

A Student-led Nursing Research Symposium



THE AGA KHAN UNIVERSITY

Wednesday, November 30, 2022

9 am to 5 pm (Pakistan time) | AKU Auditorium & Online

Live Streaming link: <https://video.ibm.com/channel/WBjmZUcG3UN>

PROGRAMME FLOW

Time	Duration	Item	Speakers
09:00 am	60 mins	Registration and Networking (<i>Tea</i>)	All participants, attendees & organisers
10:00 am	05 mins	Welcome	Master of Ceremony
10:05 am	03 mins	Recitation of the Holy Quran	Student
10:08 am	02 mins	National Anthem	-
10:10 am	05 mins	Welcome Address	Dr Laila Ladak Associate Prof. & Assistant Dean, Graduate Programs, AKU-SONAM
10:15 am	20 mins	Keynote Address	Dr Michelle Upvall Professor & Director, PhD Nursing, Barry University, Miami, USA
10:35 am	20 mins	Special Remarks	Dr Salim Virani, Vice Provost for Research, AKU

THEME 1: NON-COMMUNICABLE DISEASES

Time	Duration	Item	Speakers
10:55 am	10 mins	Oral Presentation 1 Title: Development and Feasibility-Testing of an Intervention for Promoting Self-care Behaviors Among Individuals with Hypertension in Karachi, Pakistan	Dr Khairunnissa Ajani PhD Graduate 2020; Assistant Prof. & Assistant Dean, Teaching, Learning & Graduate Studies, AKU-SONAM
11:05 am	10 mins	Oral Presentation 2 Title: The Quality of Life Among the Extubated Patients Discharged from Tertiary Care Hospital, Karachi	Kanwal Karim MScN Student, Class of 2022, Aga Khan University School of Nursing and Midwifery, Karachi
11:15 am	40 mins	Panel Discussion	Panelists: Dr Rozina Karmaliani , Dean AKU-SONAM, PK Dr Adil Haider , Dean AKU-MC, PK Dr Farid Punjwani , Dean, AKU-IED, PK Khairunnisa Hooda CNO, AKUH, Karachi Moderator: Arusa Lakhani , PhD Scholar, AKU-SONAM; President, Midwifery Association of Pakistan
11:55 pm	10 mins	Memento Distribution	University Leadership, Panelists

12:05 pm	10 mins	Student Performance	Students
12:15 pm	10 mins	Plenary session	Dr Rubina Barolia Associate Prof. & Assistant Dean, Clinical Practice, SONAM
12:25 pm	10 mins	Oral Presentation 3 Title: Factors Affecting Sleep Quality of Patients Hospitalized in the Internal Medicine Wards, at Tertiary Care Hospitals, Karachi, Pakistan	Saddam Hussain Oriental Institute of Nursing and Allied Health Sciences, Mardan
12:35 pm	10 mins	Oral Presentation 4 Title: A Narrative Inquiry About the Management of Patients Encountering Near-death Experience During their Hospitalization	Azeem Kaleem Shifa Tameer-e-Millat University, Shifa College of Nursing, Islamabad
12:45 pm	10 mins	Oral Presentation 5 Knowledge Assessment of External Ventricular Drain Management in Intensive Care Nurses a Quantitative Study.	Aqsa Aijaz Ali Post-RN BScN Student, Aga Khan University School of Nursing and Midwifery, Karachi
12:55 pm	75 mins	Lunch & Networking (Male Hostel Garden)	All registered participants and attendees

THEME 2: MATERNAL, NEWBORN & CHILD HEALTH

Time	Duration	Item	Speakers
2:00 pm	10 mins	Plenary Session	Dr Zohra Lassi Research Fellow, University of Adelaide, Australia
2:10 pm	10 mins	Oral Presentation 1 Title: Experiences and Breastfeeding Self-Efficacy of Mothers Who Availed Lactation Care Services at Tertiary Care Hospital Of Karachi, Pakistan	Sara Sheikh MScN Student, Class of 2022, Aga Khan University School of Nursing and Midwifery, Karachi
2:20 pm	10 mins	Oral Presentation 2 Title: Males' Perceptions Regarding Post Abortion Care in Karachi, Pakistan	Inayatullah Khan Assistant Prof. Iqra University, Nursing College, Karachi
2:30 pm	10 mins	Oral Presentation 3 Title: Health-Related Quality of Life (HRQOL) of Children and Adolescents with Type-I Diabetes Mellitus (T1DM): A Prospective Study at a Tertiary Care Hospital, Karachi, Pakistan	Neelam Ubaid-Ur-Raheem MScN Student, Class of 2022, Aga Khan University School of Nursing and Midwifery, Karachi
2:40 pm	10 mins	Oral Presentation 4 Title: Exploring Midwives' Experiences, Facilitators and Barriers Related to Obstetric Ultrasound Use in Gilgit Baltistan and Chitral, Pakistan.	Rani Nisa MScN Student, Class of 2022, Aga Khan University School of Nursing and Midwifery, Karachi
2:50 pm	10 mins	Student Performance	Students
3:00 pm	15 mins	Tea Break (Outside the Auditorium)	All registered participants and attendees

THEME 3: NURSING EDUCATION

Time	Duration	Item	Speakers
3:15 pm	10 mins	Plenary session	Dr Gulzar Malik Director, Academic Programs & International, La Trobe University, Australia
3:25 pm	10 mins	Oral Presentation 1 Effectiveness Of E-Learning on Knowledge and Attitude Of Health Care Professionals Regarding Early Mobilization Of Mechanically Ventilated Patients At The Intensive Care Unit Of A Tertiary Care Hospital In Karachi, Pakistan: A Pre-Post Study	Zahira Amir Ali MScN Graduate 2020; Instructor, Aga Khan University School of Nursing and Midwifery, Karachi
3:35 pm	10 mins	Oral Presentation 2 Challenges Regarding Ethical Decision Making During Clinical Practice Among Nurses at A Public Tertiary Care Hospital in Karachi, Pakistan	Rozina Jalaluddin MScN Graduate 2015, AKU-SONAM; Principal and Associate Professor, Jinnah Sindh Medical University Institute of Nursing, Karachi
3:45 pm	10 mins	Oral Presentation 3 Exploring The Experiences of The Stakeholders on Caregiving Assistant Program (CGA) For Elderly Care in Karachi, Pakistan	Naureen Mistri MScN Student, Class of 2022, Aga Khan University School of Nursing and Midwifery, Karachi
3:55 pm	10 mins	Oral Presentation 4 Exploring the Experiences of Health Care Professionals Regarding Simulation-Based Learning Approach During the Covid 19 Pandemic, at The Tertiary Care Hospital, Karachi, Pakistan: An Exploratory Qualitative Study	Sana Hirani MScN Student, Class of 2022, Aga Khan University School of Nursing and Midwifery, Karachi
4:05 pm	10 mins	Student Performance	Students
4:15 pm	15 mins	Prize Distribution (Posters & Oral Presentation Winners)	University Leadership
4:30 pm	20 mins	Prize Distribution (Jury, Speakers, Organising Committee)	University Leadership
4:50 pm	05 mins	Concluding Remarks	Dr Tazeen Saeed Ali Professor & Associate Dean, Research & Innovation, AKU-SONAM

For queries, please drop an email at gradprog.sonam@aku.edu

Further details at www.aku.edu/SPIRIT22

Organised by MScN students in collaboration with the Office of Graduate Studies and the Office of Research & Innovation, Aga Khan University School of Nursing and Midwifery, AKU-SONAM, Pakistan