

June 2020



2020 has presented many challenges as a result of the COVID-19 pandemic. I hope that you and your families are staying safe and abiding by physical distancing measures.

Thank you for all the work you are doing on the frontlines. As nurses and midwives, you are the backbone of the East African healthcare systems and your efforts are helping to save lives.

This newsletter shares a few stories of pre-pandemic times and recent SONAM updates.

Eunice Ndirangu, Dean AKU-SONAM EA

Alumni Spotlight: Sergeant Thomas Obuya, '20



Sergeant Thomas Obuya, from the Bachelor of Science in Nursing graduating class of 2020 in Kenya, has carried out a study on infectious diseases at the ICU of the Defence Forces Memorial Hospital. Obuya had the opportunity to share his findings with members of the military. **More**

Nurses need support as they fight COVID-19



Chief Nursing Officer, Ms Jemimah Kimau, at Aga Khan University Hospital Nairobi, urges support for nurses as they respond to COVID-19. More

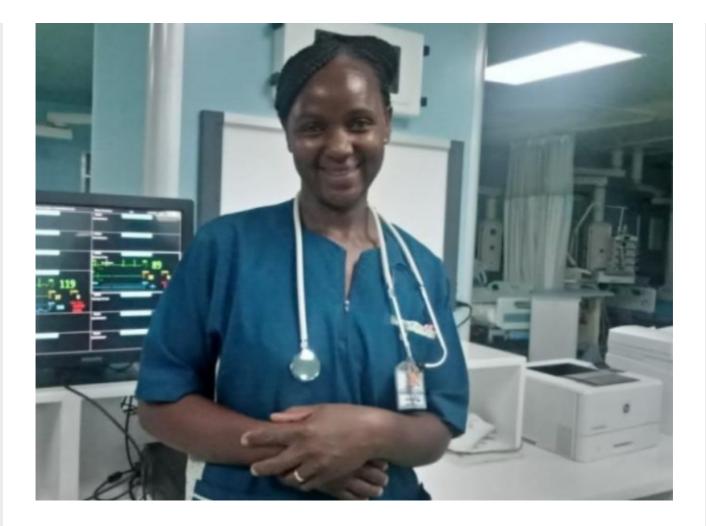
Celebrating our Graduates



SONAM students from in Kenya and Uganda graduated during colourful ceremonies in February, earlier this year. Students from our Tanzania campus will graduate in 2021.

Read about how recent graduates Patrick Bakkabulindi and Evelyne Amulen balanced work, family, and school, to overcome all odds on the road to convocation.

SONAM alumna leads ICU at a new hospital in Kenya



Jacqueline Tindi '17 is leading the critical care unit at the new Kenyatta University Teaching and Referral hospital. This hospital is catering to the growing population of Nairobi and central Kenya. As the COVID-19 cases in Kenya continue to increase, Tindi works to ensure that her team is prepared to manage the cases brought to the hospital. More

The 'social media nurse' educating other nurses



As part of a small group of nurses taking care of COVID-19 patients, SONAM student, Somoe Mohammed formed a dedicated social media page to provide her peers with updates and guidelines on how to respond to the virus based on information from the Tanzanian government and other trusted sources. More

International Day of the Nurse



Emilie Ashiundu, a SONAM student and Nurse Manager at the AKUH's ICU, narrates her experience of handling COVID-19 cases. She shares the challenges has has endured, the support she has been given and an inspiring message for International day of the Nurse. More

Enhancing Advanced Practice Nursing and Midwifery



Kenya's Commission for University Education has approved SONAM EA's two new graduate programmes: Advanced Practice Nursing and Advanced Practice Midwifery. The programmes will be offered first in Kenya from 2020 followed by Uganda and Tanzania as well. More

A new collaboration with Liverpool John Moores University



After the approval of the two Masters' programmes by Kenya's Commission for University Education, SONAM EA collaborated with Liverpool John Moores University (LJMU) in the UK to have four faculty members join one of their new fellowship programmes. We interviewed two of our faculty members who shared their learnings and about the future of nurses and midwives. More

SONAM's Virtual Open Day

Lead the Way

Prepare for excellence, leadership and service in your career

Virtual Open Day 2020 Friday, June 12, 2020 from 11am

The Open Day will cover:

- Our academic plan during COVID-19
- Overview of SONAM programmes structure and paradigm
- · Guidance on the application process
- · Frequently asked questions on SONAM programmes



THE AGA KHAN UNIVERSITY

School of Nursing and Midwifery, East Africa

> Register for the Open Day at

www.aku.edu/sonamea



#AKUHeroes

If you are an AKU alumna/alumnus and responding in some way to the global pandemic, we want to hear from you!

Share your story with us, by sending us pictures and text about how your work is making a difference in your communities and around the world.

alumni@aku.edu



Support AKU's response to the COVID-19 pandemic

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