

Liaison in Mental Health: Clearing the Fog Conference

Program

DAY 1

Workshops

Date: Thursday, October 5th 2017

Time: Half day program (13:00 – 16:00)

Venue: Lecture Halls 1-3, Medical College, AKU

Title	Facilitators
Evaluation of trauma survivors	Dr. Tania Nadeem, Dr. Nargis Asad, Dr. David Arthur, Ms. Nimra Asif
Violence towards health care staff	Ms. Nadia Sarwar, Dr. Sana Siddiqui, Dr. Riffat Zaman, Ms. Malikah Surani
Obesity, weight loss surgery and mental health: Pre and Post op challenges	Dr. Amir Sharif, Dr. Shameel Khan, Dr. Humera Saeed, Dr. Hareem Fatima, Ms. Maimoona Salim

DAY 2

Seminar

Date: Friday, October 6th 2017

Time: Full day program (8:30 – 16:00)

Venue: AKU auditorium, Lecture Hall, EDH

Time	Session	Speakers
Liaison psychiatry in Pakistan Chair: Dr Murad Khan Moderator: Dr Sana Siddiqui Venue: AKU Auditorium		
8:30 – 9:00	Registration	
9:00 – 9:10	Introduction	Dr. Ayesha Mian
9:10 – 9:20	Keynote Address: <i>Mental Health in the Workplace</i>	Mr. Johannes T. Kedzierski
9:20- 9:40	Liaison Mental health: An integrated approach to the patient	Dr. Filza Hussain
9:40- 10:00	Hurdles to psychiatric referrals	Dr. Ali Hashmi
10:00-10:20	Referral patterns in AKUH	Dr. Humera Saeed, Dr. Sana Siddiqui
10:20- 10:40	Employee mental health: <i>Mental health begins with 'ME'</i>	Ms. Shamim Nayani, Dr. Nargis Asad
10:40-11:00	Mental Trauma and Liaison Psychiatry	Dr. Tania Nadeem
TEA BREAK		
11:00- 11:20		
11:20-13:15	Women Mental Health	

	<p>Chair: Dr. Nargis Asad</p> <p>Moderator: Dr. Marium Mansoor</p> <p>Venue: Lecture Hall</p>	
11:20- 11:40	Epidemic of domestic Violence in Pakistan	Dr. Rozina Karmaliani
11:40- 12:00	Sexual problems within couples	Dr Nuzhat Faruqui
12:00- 12:20	Cultural and psychological implications of Infertility in Pakistan	Dr. Riffat Zaman, Dr. Sumaira Naz
12:20- 12:40	Perinatal Mental health- A neglected area	Dr. Shazia Masheer
12:40- 13:00	Post-surgery care in breast cancer	Dr. Abida Sattar
13:00-13:15	PANEL DISCUSSION	All speakers
Deliberate self-harm		
11:20-13:15	<p>Chair: Dr. Murad Khan</p> <p>Moderator: Rabeeka Aftab</p> <p>Venue: AKU Auditorium</p>	
11:20- 11:40	DSH in Pakistan: an overview	Dr. Murad Khan
11:40- 12:00	DSH- from the eyes of the emergency room doctor	Dr Mohammad Baqir
12:00- 12:20	DSH on medical and surgical floor: management issues	Dr. Syed Ahsan
12:20- 12:40	Pediatric DSH Through the Narrative Lens: A Pediatric Emergency Department Physician's Reflection	Dr. Asad Mian
12:40- 13:00	Self-poisoning- medico legal and clinical aspects	Dr Nadeemullah Khan
13:00-13:15	PANEL DISCUSSION	All speakers

11:20-13:15	<p style="text-align: center;">Trauma</p> <p style="text-align: center;">Chair: Dr. Tania Nadeem</p> <p style="text-align: center;">Moderator: Dr. Hareem Fatima</p> <p style="text-align: center;">Venue: EDH</p>	
11:20- 11:45	Overall perspectives on trauma	Dr. Ali Hashmi
11:45- 12:10	Vicarious trauma: health care provider perspective	Dr. David Arthur
12:10- 12:35	Challenges of dealing with child abuse: A pediatric perspective	Dr. Kishwer Enam
12:35- 13:00	Developing a roadmap for trauma services	Dr. Nargis Asad
13:00-13:15	PANEL DISCUSSION	All speakers
LUNCH		
Challenging Clinical Presentations		
14:00-16:00	<p style="text-align: center;">Chair: Dr. Ayesha Qureshi</p> <p style="text-align: center;">Moderator: Dr. Sana Siddiqui</p> <p style="text-align: center;">Venue: Lecture Hall</p>	
14:00- 14:20	Assessment and management of non-epileptic seizures	Dr. Fawzia Siddiqui
14:20- 14:40	Chronic pain	Dr. Gauhar Afshan
14:40- 15:00	Challenging referrals: experience at Liaquat National Hospital, Karachi	Dr. Ayesha Qureshi
15:00- 15:20	Non-cardiac chest pain: panic attack or heart attack?	Dr. Saira Bokhari
15:20-15:40	Delirium	Dr. Aysha Almas
15:40- 16:00	PANEL DISCUSSION	All speakers

14:00-16:00	<p align="center">Psycho – Oncology</p> <p align="center">Chair: Dr. Shameel Khan</p> <p align="center">Moderator: Dr. Humera Saeed</p> <p align="center">Venue: EDH</p>	
14:00- 14:20	Over view: Psycho- oncology consultation service at AKUH	Dr. Humera Saeed
14:20- 14:40	End of life care and mental health	Dr. Atif Waqar
14:40- 15:00	Breaking the stigma of cancer and mental health	Dr. Zarka Samoon
15:00- 15:20	Pediatric oncology: working with families	Dr. Naureen Mushtaq
15:20-15:40	Mental well being of employees	Ms. Sumera Sachwani
15:40- 16:00	PANEL DISCUSSION	All speakers
14:00-16:00	<p align="center">No Child Left Behind</p> <p align="center">Chair: Dr. Ayesha Mian</p> <p align="center">Moderator: Dr. Hareem Fatima</p> <p align="center">Venue: AKU Auditorium</p>	
14:00- 14:20	Connecting the dots...	Dr. Salman Kirmani
14:20- 14:40	Child abuse and various services	Dr. Tania Nadeem, Dr. Aisha Mehnaz
14:40- 15:00	Adolescence and eating disorders	Dr. Unab Khan
15:00- 15:20	Working with differently-abled children and their families	Ms. Zehra Habib
15:20-15:40	School mental Health	Ms. Naila Jamall
15:40- 16:00	PANEL DISCUSSION	All speakers

CONCLUDING TEA OUTSIDE AKU AUDITORIUM

All attendees can collect their certificates at AKU Auditorium at 1630