

Workshop Title: Leadership Skills for the Residents (LSR)

Workshop Director: Dr Aneela Darbar

Facilitators: Dr Azra Naseem

No of Participants: 20 maximum

Registration fee: 1000/=

Overview:

Designed specifically for residents, this interactive workshop will introduce the participants to the theory and practice of leadership in healthcare settings. The participants will reflect on their experiences in the residency program, and develop strategies to improve their leadership skills. Through a variety of reflective and interactive activities, such as role plays, and giving and receiving feedback, participants will explore their own leadership potential and design an action plan that can be implemented in their own practice.

Learning Outcomes:

By the end of this workshop the participants will be able to:

- 1) Recognize the need and benefit of peer leadership in the life of residents
- 2) Identify leadership styles and qualities of a good leader in health professions education settings
- 3) Conduct self-assessment using a leadership Inventory and develop strategies to improve their leadership capabilities
- 4) Design an action plan for implementing leadership skills in the mentorship program

Workshop outline:

1) Ice breaking	10 mins
2) Interactive brainstorming	20 mins
3) Video-based discussion on good and bad leadership	30 mins
4) Analysis of scenarios, group work and role plays	60 mins
5) Leadership inventory self-assessment	25 mins
6) Individual leadership action plans	25 mins
7) Conclusion	10 mins

Suitable for: Residents in any discipline (e.g. medicine, surgery, psychiatry)

Workshop level: Basic/Intermediate

Workshop Format: Interactive, experiential

Workshop Material: Multimedia, sound system, Internet, chart papers and markers, post-it notes

Certificate: A certificate of attendance will be given to all registered participants.

Reference: Why doctors need leadership training <https://hbr.org/2018/10/why-doctors-need-leadership-training>